

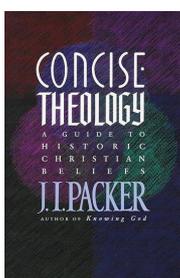
Books for teenagers are not just found in the children's section. Expand their (your) reading by finding some easy-to-read "adult" books (general books!) and seek for teenagers to be built up in maturity in Christ - moving from milk to solid food.

What I frequently hear from people is "there doesn't seem to be many good books for teenagers". At an age where teens are moving from childhood to adulthood, it's difficult to know what books would be beneficial. Here is part 1 of my selection of books for teenagers.

REFORMERS RECOMMENDS:

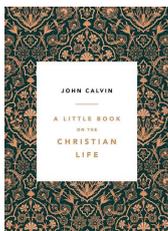
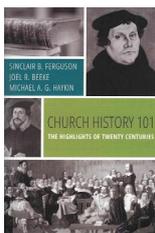
BOOKS FOR TEENAGERS PART 1

By Andrew Deligiorgakis



One book that may have surprised you on my list is **CONCISE THEOLOGY** by J.I. Packer. This book is a staple for all bookshelves and should most certainly be read by teenagers. It is a systematic theology book that is in small portions of about 2 to 3 pages per topic. It's full of scripture, reason, explanation... and it's 'concise'!

For a bit of church history, I chose **CHURCH HISTORY 101** (Ferguson, Beeke, Haykin). This book is small, is only 100 pages long and each of the 20 chapters briefly covers a century of history each. As an introduction, this is a great book to introduce young people to the church over the past 2000 years.



Calvin writes this in **A LITTLE BOOK ON THE CHRISTIAN LIFE** regarding the short work this book is: "... even if a longer work on the subject of the Christian life were worthwhile, I would hesitate to attempt such now, because my purpose in this work is to present doctrine simply and concisely". This is a small book packed with truth and brimming with passion.

Something more modern, Jaquelle Crowe's book **THIS CHANGES EVERYTHING** is direct in its call for teenagers to own their faith and transform their identity to submit to God in all parts of their lives. She wrote it when she was eighteen, and it speaks loudly!



FACE TIME by Kristen Hatton is a book for girls to talk through identity, covering issues like body image, sex, materialism and more in an age of selfies and social media. With space for reflection and journaling it's a practical book that calls girls to be identified with their Lord and Saviour, Jesus Christ.

SET AN EXAMPLE by Tim Challies is a call to be an example to those older and younger and pursue godliness in speech, conduct, love, faith and purity. A short and practical chapter is written on each of these five things, with questions to consider at the end of each.



THE COMPANY WE KEEP by Jonathan Holmes is directed towards adults, but it has great lessons for young people in considering what biblical friendship is and how to choose (or reconsider) who we are friends with.

Tim Keller's **THE FREEDOM OF SELF-FORGETFULNESS** is a call to gospel-humility and freedom from self-pride and self-condemnation. It's a book calling for balance to be free from self-love and self-hatred.



I hope this helps you as parents, aunts, uncles, youth leaders, church leaders and friends - or even if you are a teenager yourself - to know there are great things available to foster faithfulness, understanding and theological literacy for young people. There are more books in part 2!