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**FRIDAY, JULY 7, 2017** 

## **Shop this: Masala spices from Shivani's** Kitchen

Spice up your life with this line of fresh, salt-free masala

Posted By Allison Saunders on Fri, Jul 7, 2017 at 12:32 PM



For almost three years, Shivani Dhamija's been bringing authentic Indian

cooking classes. Now, Dhamija is adding a little extra spice to her food-based-business, offering a line of fresh, salt-free, gluten-free masala spices to use at home. Her collection includes garam masala, butter chicken masala, curry masala, turmeric masala and chicken tikka masala, which retail for \$7 a jar. Find Shivani's Kitchen at the **Spryfield**, **Tantallon** and **Prospect** farmers' markets, or contact her directly with orders via her **website**.

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