Risk with Age

As someone with the APC variant in APC, you have a higher risk to develop colorectal cancer. The Arkansas Department of Health advises you to be on the lookout for changes to your routine screening procedure each time you get a bowel exam. Starting at age 45, the age at which the risk of colorectal cancer begins to increase, you are encouraged to take steps to reduce your risk of colorectal cancer. The latest age at which you should start should be discussed with your healthcare provider. Regular checks and screenings can help reduce your risk of colorectal cancer.

There are more options to reduce your risks

Now that you know about your genetic health and the potential risks, you can work with your doctor to put a personalized screening strategy in action. These options have you and your health provider consider steps to reduce your risk of colorectal cancer. Talk with your genetic counselor or doctor to make sure that works best for you to help reduce your risk of getting cancer.

Cancer screening guidelines for people like the APC variant in APC are evolving. It’s important to know about the risk for colorectal cancer. If you are a candidate for colorectal screening, your genetic counselor or healthcare provider may recommend a colonoscopy to screen for colorectal cancer.

If you do not have a cancer, testing for those who are at increased risk for colorectal cancer will help detect any potential problems. However, if you do have a previous cancer, the benefit of testing for colorectal cancer is not recommended. If you have a previous cancer, such as colon cancer or adenocarcinoma, you should continue to undergo regular testing for colorectal cancer.

Common Questions

How can I learn more about the APC gene? There are a number of resources available for those interested in learning more about the APC gene and colorectal cancer. Talk with your genetic counselor or healthcare provider to learn more about the APC gene and colorectal cancer.

What are some of the conditions that are associated with the APC gene? The APC gene is associated with a number of conditions, including colorectal cancer, adenomatous polyps, and familial adenomatous polyposis (FAP). People with the APC gene may be at an increased risk of developing colorectal cancer.

How do I find a genetic counselor? Genetic counselors are available through many hospitals, clinics, and outpatient settings. You can also find genetic counselors through national organizations such as the National Society of Genetic Counselors or the American Society of Human Genetics.

How can I access my clinical report? You can access your clinical report through your healthcare provider or through a genetic testing company. Your genetic counselor can help you understand your report and provide recommendations for further testing or treatment.

What is the APC gene? The APC gene is located on chromosome 5 and produces a protein called adenomatous polyposis coli (APC). This protein helps regulate cell growth and division. Mutations in the APC gene can lead to the development of colorectal cancer.

How is the APC gene tested? The APC gene can be tested through genetic testing. This involves taking a sample of your blood or tissue and analyzing it for mutations in the APC gene. The test can be ordered by your healthcare provider or genetic counselor.