



## Description

Deadlifts are a fantastic exercise, but for many athletes conventional deadlifts are not ideal due to mobility or movement issues. The Bench Fitness Trap Bar 2.0 is the solution for these athletes. Perfect for trap bar deadlifts, weighted carries and even shrugs, the Bench Fitness Trap Bar 2.0 is an incredibly versatile strength and conditioning tool. With the additional higher handles, the Trap Bar 2.0 adds an additional level of versatility over the Trap Bar 1.0

The Bench Fitness Trap Bar 2.0 is made from 40mm Box tube with reinforced joints and 415mm machined sleeves. Weighing in at 32kg and finished in a long lasting matt black powder coat.

Built Strong as only Bench Fitness can, the Trap Bar 2.0 will take whatever you can throw at it for years to come.

Finish on the coated sleeves may experience wear over time due to any contact with metal, such as when plates are added or removed.

## Features

- 415mm loadable sleeve length
- Fits all Olympic plates
- 50mm solid round sleeves
- 614mm on center handles
- 33mm knurled handles

## Specifications

Material:	40mm reinforced steel tube frame
Length:	2210mm
Height:	220mm
Width:	720mm
Weight:	32kg

## Dimesions

