

# REVOLVE Seal Row Bench



## Description

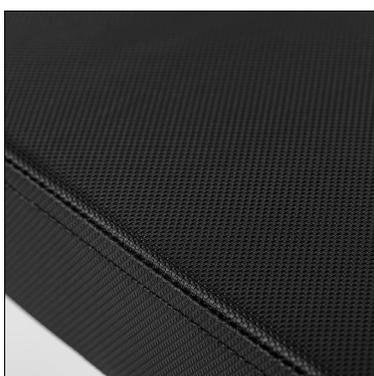
Go to the strongest guy or girl in your gym and ask them the secret to super human strength and the majority will tell you the secret is a strong back. A strong back is an essential part of not only the main compound movements you might perform in the gym, but is also a great way to ensure longevity and vitality as we get older. While there are many movements that target the back, very isolates it as effectively as Seal Rows.

The Bench Fitness Seal Row is the most hardcore Seal Row on the market. Built Strong to withstand anything you can throw at it, the Revolve Seal Row has been designed and built with only the strongest materials that will stand the test of time. Fully height adjustable J-hooks ensure athletes of all sizes can comfortably use the Revolve Seal Row. The convenient height adjustable step also makes getting into position a breeze. Multiple anchor points on the base makes adding some Revolve Band Pegs quick and easy to add another dimension to an already tough movement. The high density foam pad is comfortable while being tough enough to last years and years.

Built Strong as only Bench Fitness can, the Revolve range offers fully customizable colours and branding upon enquiry.



CNC 24mm laser cut holes



Textured Grip Material



Sandwich j hook with high density plastic to protect barbell

## Features

- 10 year structural frame warranty
- Pad size 120cm x 30cm
- 1 inch black zinc bolts
- Bench wrench included for easy assembly
- Adjustable foot platform

## Specifications

Material:	75 x 75 Tube
Length:	1515mm
Height:	1101mm
Width:	1466mm
Weight:	92kg



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## Dimensions

