

Gymnastics Rings Wooden



Description

Bench Fitness Wooden Gymnastic Rings are a must-have for anyone looking to take their fitness to the next level. They are designed for all skill levels, from beginners to experienced athletes, and can be used for a variety of exercises to target multiple muscle groups.

With adjustable straps, the rings can be set up at your desired height, providing a personalized workout experience. The 2.5cm wide nylon straps are 4.5m long, ensuring ample space to perform a wide range of exercises. The high-quality wooden rings are durable and long-lasting, with a natural grip for added comfort during your workout.

Whether you're a gymnast, CrossFit enthusiast, or simply looking to enhance your bodyweight workout, Bulldog Gear Wooden Gymnastic Rings are a great investment for anyone looking to improve their fitness, strengthen their upper body, and work on their core.

Specifications

Material:	Wooden
Length:	230mm
Height:	28mm
Width:	230m
Weight:	2.5kg

Dimension

