

Change Plates Set



Description

Bench Fitness Change Plates just adds a bit a variety and convenience to your training by allowing you increase loads at much smaller increments.

Available in pairs ranging from 0.5kg up to 2.5kg.

The Bench Fitness Change Plates fit on all olympic standard barbells and are colour coded for easier identification.

Features

- Includes pair of 0.5kg/1kg/1.5kg/2kg/2.5kg
- Suits all Olympic 50mm diameter barbells
- Rubber coated

Specifications

Material:	Rubber coated
Length:	-
Height:	varies
Width:	varies
Weight:	+/- 3%



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Dimensions

