## CORE Monkey Wall Rig





Our Core range live up to their name, by being at the Core of what every gym needs.

A solid rig is an absolute necessity for any Crossfit box or strength and conditioning gym. Allowing for a wide array of exercises, the CORE Monkey Wall Rig is an essential tool for developing effective athletes.

The Bench Fitness CORE Monkey Wall Rig is perfect for gyms where space is at a premium. With a choice of 1.1m or 1.5m pull up bars between the rig and the mounting point and coming with 2.5m uprights, the CORE Monkey Wall Rig provides all the functionality to achieve your fitness goals. With a choice of sizes ranging from 1,2,3 or 4 cells, the CORE Monkey Wall Rig can easily be customized to suit your gym's needs. The CORE Monkey Wall Rig also comes with muscle up bars mounted on the front crossmembers as well as monkey bars ranging the entire length of the rig which will allow you to take your bodyweight training to the next level.

Bench Fitness aims to be at the CORE of making people strong and the CORE Monkey Wall Rig is the perfect addition in that mission.

Rig must be bolted to wall and floor.



CNC 17mm laser cut holes (50mm hole spacing)



Safety Arm 2.0 included

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Hardware and tools included for assembly

#### **Features**

- Matt Black Powder Coat
- High Density Plastic to j hooks to protect barbell and rack from damage
- Tools to bolt to the floor/wall not included

#### **Specifications**

Material:	75mm x 75mm tube
Length:	1100mm / 1500mm option
Height:	2500mm
Width:	Varies for each Cell
Weight:	Varies for each Cell





# **CORE Monkey Wall Rig**



### **Dimensions**











