# CORE Leg Curl / Leg Extension





## **Description**

Whether you are a strongman, powerlifter or general strength and conditioning athlete, we all need strong guads and hamstrings. The Bench Fitness CORE Leg Curl/Leg Extension combines two of everyone's favourite upper leg isolation exercises into one convenient machine. The space saving design is ideal for fitting this machine into tighter spots leaving more room for more equipment throughout the rest of your gym.

The Bench Fitness CORE Leg Curl/Leg Extension machine is designed using our Built Strong design philosophy. Only the best materials and highest quality workmanship are employed during the construction process.

Easily adjustable to fit athletes of all shapes and sizes and simple process for switching between Curls and Extensions makes the Bench Fitness CORE Leg Curl/Leg Extension the ideal machine for beginners through elite athletes.

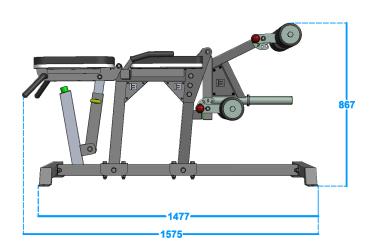
#### **Features**

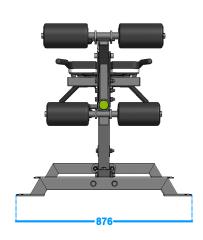
- Comes in matt black powder coat
- Read back pad adjustable angle
- Adjustable leg padding postion
- Textured grip vynyl covering

### **Specifications**

Material:	60mm x 60mm steel tube main frame
Length:	1477mm
Height:	867mm
Width:	876mm
Weight:	90kg

## **Dimension**











TEAM@BENCHFITNESS.COM

