



Description

Our CORE racks are an excellent strength training tool and the Bench Fitness CORE Jammer Arms adds a completely new dimension. The Bench Fitness CORE Jammer Arms are incredibly easy to install and fit all Bench Fitness racks. With the multiple angles on the arm grips, athletes can hit muscles from many different angles. The Bench Fitness CORE Jammer Arms can be used for chest, shoulder and back training.

The Bench Fitness CORE Jammer Arms will take your training to the next level, whether you are training for strength, hypertrophy or general fitness. Designed using our Built Strong philosophy, the Bench Fitness CORE Jammer Arms are built using the strongest materials available, to ensure longevity and durability.

Features

- Fits all CORE Rig and Racks
- Matt Black Powder Coat
- Main frame multi position lock
- Includes 6 hitch pins

Specifications

Material:	75x75mm Steel Tube
Length:	718mm
Height:	1018mm
Width:	210mm
Weight:	15kg each

Dimension

