

# CORE Hip Thrust Bench



## Description

The Bench Fitness CORE Hip Thrust Bench is a light weight and stable bench that is perfect for performing hip thrusts, step ups and various movements you would perform using a standard plyobox.

Due to its light weight, sturdy construction and non-slip PVC cover, The Hip Thrust Bench is easy to move, storage and will not move around whilst you are performing movements.

## Features

- CORE Band Peg compatible
- Rear wheels for ease of movement
- Large checker plate foot platform

## Specifications

Material:	50mm x 50mm steel tube frame
Length:	1426mm
Height:	411mm
Width:	800mm
Weight:	32kg



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## Dimensions

