

CORE High Low Floor Rig



Description

Our Core range live up to their name, by being at the Core of what every gym needs.

A solid rig is an absolute necessity for any Crossfit box or strength and conditioning gym. Allowing for a wide array of exercises, the CORE High-Low Floor Rig is an essential tool for developing effective athletes.

The Bench Fitness CORE High-Low Floor Rig is perfect for gyms looking to add rings or ropes to their rig, with a choice of 1.1m, 1.5m, or 1.8m pull up bar and crossmembers between the 2.5m and 3.6m rig uprights.

The CORE High-Low Floor Rig provides all the functionality needed to reach your fitness goals. With a choice of sizes ranging from 1,2,3,4 or 5 cells, the CORE High-Low Floor Rig can easily be customized to suit your gym's needs.



Bench Fitness aims to be at the CORE of making people strong and the CORE High-Low Floor Rig is the perfect addition in that mission.

Rig must be bolted to floor.



CNC 17mm laser cut holes
(50mm hole spacing)



Safety Arm 2.0 included



Hardware and tools included
for assembly

Features

- Matt Black Powder Coat
- High Density Plastic to j hooks to protect barbell and rack from damage
- Tools to bolt to the floor/wall not included

Specifications

Material:	75mm x 75mm tube
Length:	1100mm/ 1500mm / 1800mm option
Height:	2500mm and 3600mm
Width:	Varies for each Cell
Weight:	Varies for each Cell



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Dimensions

