# **CERBERUS GP Bar**











# **Description**

#### THE PERFECT ALL ROUND BARBELL

If you're looking for a solid all-round Barbell then the Cerberus GP Bar is the bar for you. Perfect for home or commercial use. You can use this bar to deadlift, squat, clean, jerk, snatch, curl, press, row or whatever you want! It comes in our signature Cerberus red and black colours with a polymer-ceramic composite coated red shaft and bright zinc coated sleeves and collars. This gives the barbell a striking look with a durable finish. This barbell has a balanced feel with good give but not too much whip. It has all the Powerlifting and Weightlifting makings with no centre knurl. 8 needle bearings with brass bushes allows for smooth sleeve rotation. Comes with our Cerberus Strength 3-year functional warranty\*.

Excellent Value, Excellent Quality All Purpose Training Bar

### **Features**

- Medium knurl
- 8 Needle Bearings
- Shaft Red Cerakote, Bright zinc sleeves
- 410mm Loadable Sleeve Length
- 680.38kg / 1500lb Load Rating
- 190,000 psi Tensile Strength
- 3 Year Functional Warranty

## **Specifications**

Material:	28mm diameter
Length:	2200mm
Height:	-
Width:	-
Weight:	20kg

#### **Dimesions**







BENCH FITNESS EQUIPMENT