# **Angled Press Bar**





## **Description**

Bench press and over head pressing are absolute staples of any strength athletes program. With the Bench Fitness Angled Press Bar athletes can add a whole other level to their training. With two varying angles, the Bench Fitness Angled Press Bar allows athletes to hit a variety of muscle groups and movements with a single piece of equipment. The Bench Fitness Angled Press Bar is suitable with any style of weight plates thanks to its extended plates sleeves.

Built Strong as only Bench Fitness can, the Bench Fitness Angled Press Bar will take whatever you can throw at it for years to come.

Finish on the coated sleeves may experience wear over time due to any contact with metal, such as when plates are added or removed.

### **Features**

- 33mm diameter handles
- Knurled handles
- Black powdercoat finish
- Fully welded frame

## **Specifications**

Material:	40mm main frame
Length:	1900mm
Height:	286mm
Width:	50mm
Weight:	16kg

#### **Dimesions**











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