

# 12 Inch Log



## Description

The Bench Fitness Equipment 12 inch 60kg log is made from 3mm laser cut and rolled plate with 5mm plate inserts.

Handles are made from 35mm round bar and are set 650mm apart.

Unlike other log bars that use 48mm pipe sleeves, we use 50mm solid round bar which means all collars can be used.

Finish on the coated sleeves may experience wear over time due to any contact with metal, such as when plates are added or removed.

## Features

- Neutral handles 650mm on center
- Fully internal welded reinforced plates
- 50mm solid loadable sleeves
- 35mm diameter handle grips

## Specifications

|           |                                |
|-----------|--------------------------------|
| Material: | 3mm body/5mm reinforced plates |
| Length:   | 2020mm                         |
| Height:   | 305mm                          |
| Width:    | 305mm                          |
| Weight:   | 60kg                           |

## Dimension

