

Complete your fourth checkpoint survey to get a sense of your progress thus far.



You've made it to the fourth Checkpoint Survey of the Restore Kit™ email series. This concludes the first three months of your health journey—great job!

[Track Your Recovery »](#)

The Restore Kit Course

Remember, the Restore Kit is more than just the 4 formulations you are taking. It's a holistic approach to better health that incorporates powerful natural supplements with education and support to help you see the most impact.

You can access your course in 2 ways

1. **The Restore Kit Resource Page** - You can navigate the course at your own pace **via the Education section** [of the Restore Kit Resources Page](#).
2. **Email** - Follow along in the sequence that you receive the lessons by email. We've timed them as close as possible to when we expect you'll need the information contained in each email.

If you would prefer not to receive the Restore Kit course by email, you may unsubscribe by clicking on this link:

[Unsubscribe Me from Restore Kit Course Emails.](#)

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Vital Plan is a company devoted to enhancing wellness through education, support, and herbal supplements.

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