HOW TO: DRY BRUSH YOUR FACE

1. Start at sides of neck at collarbone. Sweep down working up to jawline/under ear. Cover entire neck (1X).
2. Work downwards in front of your ears (3X).
3. Work outwards on jawline towards ears (3X).
4. Work diagonally from nostril & corners of mouth to jawline and toward ear (3X).
5. Work diagonally from nose (near inner eye) to earlobe (3X).
6. Work downwards on temples (3X).
7. Work outwards and slightly down from midpoint of forehead to temples (3X).
8. Work down hairline, in front of ears, and down the sides of the neck toward the collarbones (1X).

Last step: lightly mist your face with any of our soothing Facial Toners after dry brushing.

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