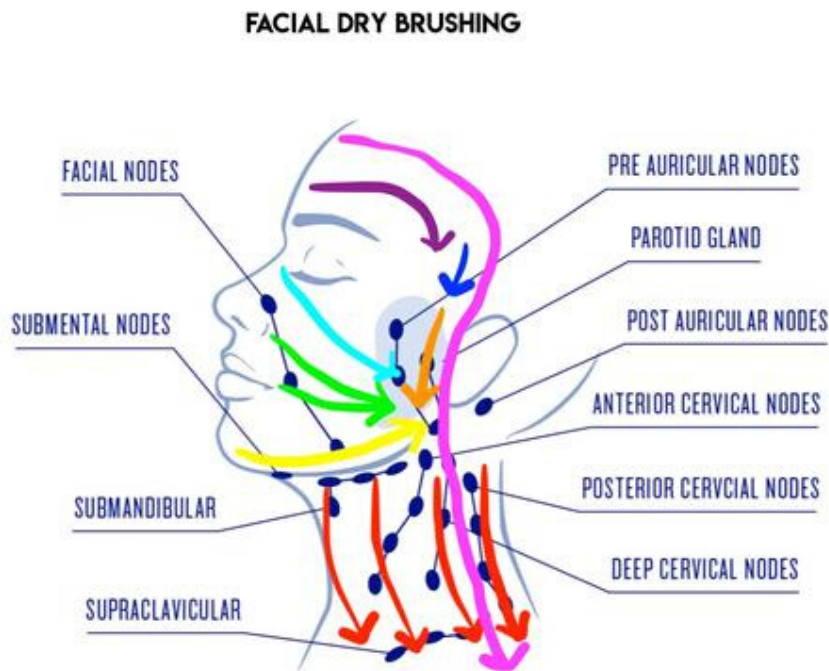


HOW TO: DRY BRUSH YOUR FACE



- 1 Start at sides of neck at collarbone. Sweep down working up to jawline/under ear. Cover entire neck (1X).
- 2 Work downwards in front of your ears (3X).
- 3 Work outwards on jawline towards ears (3X).
- 4 Work diagonally from nostril & corners of mouth to jawline and toward ear (3X).
- 5 Work diagonally from nose (near inner eye) to earlobe (3X).
- 6 Work downwards on temples (3X).
- 7 Work outwards and slightly down from midpoint of forehead to temples (3X).
- 8 Work down hairline, in front of ears, and down the sides of the neck toward the collarbones (1X).

Last step: lightly mist your face with any of our soothing Facial Toners after dry brushing.