



If you're unsure which size to buy, try measuring a ITU Tri suit that you already own that fits you well, and compare those measurements to the size chart. Lay the ITU Tri suit on a flat surface and use the above guide to measure the ITU Tri suit.

**Note: All measurements are approximate +/- 1/4".**

<b>Size</b>	<b>A (Chest)</b>	<b>B (WAIST)</b>	<b>C (F.CROTCH )</b>	<b>D (B.CROTCH)</b>	<b>E (INSEAM)</b>
JR-XS	10"	8 1/2"	16"	20"	6"
JR-S	10 1/2"	9 1/2"	17"	21"	6 1/4"
JR-M	11 1/2"	10 1/2"	18"	22"	6 5/8"
JR-L	12 1/4"	11 1/2"	19"	23"	7"
JR-XL	13"	12 1/2"	20"	24"	7 1/2"

For front length (C), measure from the crotch seam upwards...