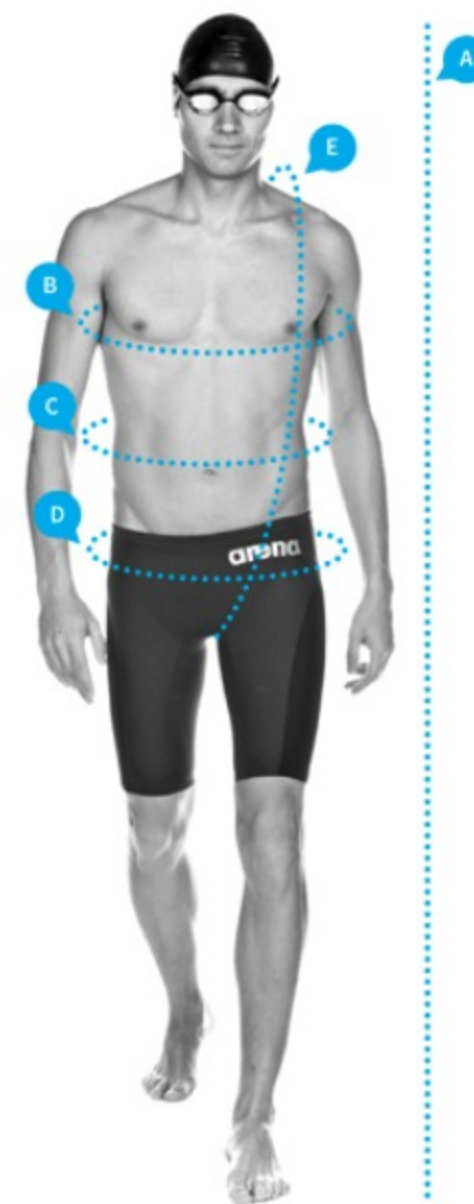


# SIZE GUIDE

## CHOOSE THE RIGHT SIZE

The fit of a swimsuit should be based upon your individual needs and preferences. This size guide refers to competition suits, which are designed to fit the body tightly, in order to provide superior muscle compression. These suits are designed to be worn for short lengths of time, and therefore if you wish to train in one, for your comfort we recommend purchasing a larger size

Points	Measures (in)							
<b>C</b>	Waist	25-27	27-29	29-31	31-33	33-35	35-37	37-39
<b>D</b>	Hips	31-33	33-35	35-37	37-39	39-41	41-43	43-45
	Size							
F		55	60	65	70	75	80	85
USA/UK		22	24	26	28	30	32	34
I		36	38	40	42	44	46	48
D		00	0	1	2	3	4	5
AUS		4	6	8	10	12	14	16



## HOW TO TAKE MEASUREMENT

- C** **Waist:** Measure around the narrowest part of your waistline.
- D** **Hips:** Measure around the fullest part of your hips.