Thank you for purchasing your TabTime Super 8. It can be set up to provide a reminder alarm up to 8 timer per day and remembers your alarm settings every day. There are 8 tablet compartments which are numbered to correspond with each alarm.

There is also a countdown function for regular doses of medication e.g. taking medication every 3 hours.

When an alarm sounds a flashing red LED on the lid of the TabTime Super 8 will begin to flash at the same time as the audio alarm and will continue to flash until you open the TabTime Super 8 to take your medication. So if the LED is flashing it indicates that you have not taken your last dose of medication. Please note that extended use of the LED will reduce the life of the battery.

**Setting the Time**
Remove the plastic insulating strip to connect the CR2032 battery.
Press and hold the MODE button until the display flashes.
Set the time using the HOUR and MINUTE buttons.
Confirm the time by pressing the MODE button.

**Deleting an Alarm**
Select the alarm you want to delete by pressing the MODE button e.g. if you want to delete alarm 4, press and release the MODE button until the bell and number 4 are at the top of the screen.
Press the MINUTE button and the display will show --:-- indicating the alarm has been deleted.

**Setting the Alarms**
Press and release the MODE button and the display will show --:-- with a bell and the number 1 at the top of the screen.
Press and hold the MODE button until the display flashes.
Set the time the first alarm using the HOUR and MINUTE buttons.
Confirm the time by pressing the MODE button.
Repeat the steps above to set the other alarms. Use the HI/LO volume switch to choose the volume of the alarms.

**Using the Countdown Timer**
Press and release the MODE button until the egg timer symbol appears on the top left of the screen and the screen displays 00H:00M.
Press and hold the MODE button until 00H:00M flashes.
Set the time you require between doses e.g. 3 hours
Press the MINUTE button to start the countdown and the egg timer symbol will begin to flash.
The alarm is cancelled by opening the TabTime Super 8
To restart the countdown with the same interval press the MINUTE button

**Turning off an Alarm**
When an alarm sounds, the audio alarm will sound for 40 seconds and the red LED will begin to flash.
Both alarms are cancelled by opening the TabTime Super 8 or by pressing the MINUTE button
The flashing LED will continue to flash until the TabTime Super 8 is opened.

**Troubleshooting**
Check the battery power indicator is at least 2 bars. If the display on your TabTime Super begins to fade or the Alarm rings randomly etc it is time to change the CR2032 battery which can be bought at most supermarkets or jewellers. Please don’t hesitate to contact us if you are having any difficulties using your TabTime Super 8.

**Disclaimer**
This product must be regarded as purely an aid to memory and Tabtime Ltd or their agents cannot be held responsible if you forget to take your medication, take the wrong medication, take the wrong medication at the wrong time or any combination of these events.

www.tabtime.com  0044 (0)1270 767207  info@tabtime.co.uk