

"PR" and unit area will display mmHg, it means the unit mmHg is

selected (system default unit: mmHg), At this time, press on the

"Memory " button, the unit will be switched, it means the unit kPa

is selected. After selecting the unit, press the "User "button again to

(6) Place the lower arm flat on the desktop, leaving the center of palm

naturally upwards, sitting upright, and ensuring the center of cuff and

the heart at the same level. Note that the tube of cuff cannot be folded or

Note: If you cannot use the left arm for measurement, please use the

right arm for measurement. All the measurements must be performed on

the same arm for comparison.

mode (or automatically enter the year setting mode after the batteries

are reloaded and the device is powered on), the screen displays 20XX

and flickers continuously. press the "Memory" button to increase

the value which can be switched among 2019 and 2099. Press the

"User "B" button for confirmation and enter the month setting mode.

After entering the month setting mode, the screen will display xx-xx and

flash on the month. Press the "Memory" button to increase the

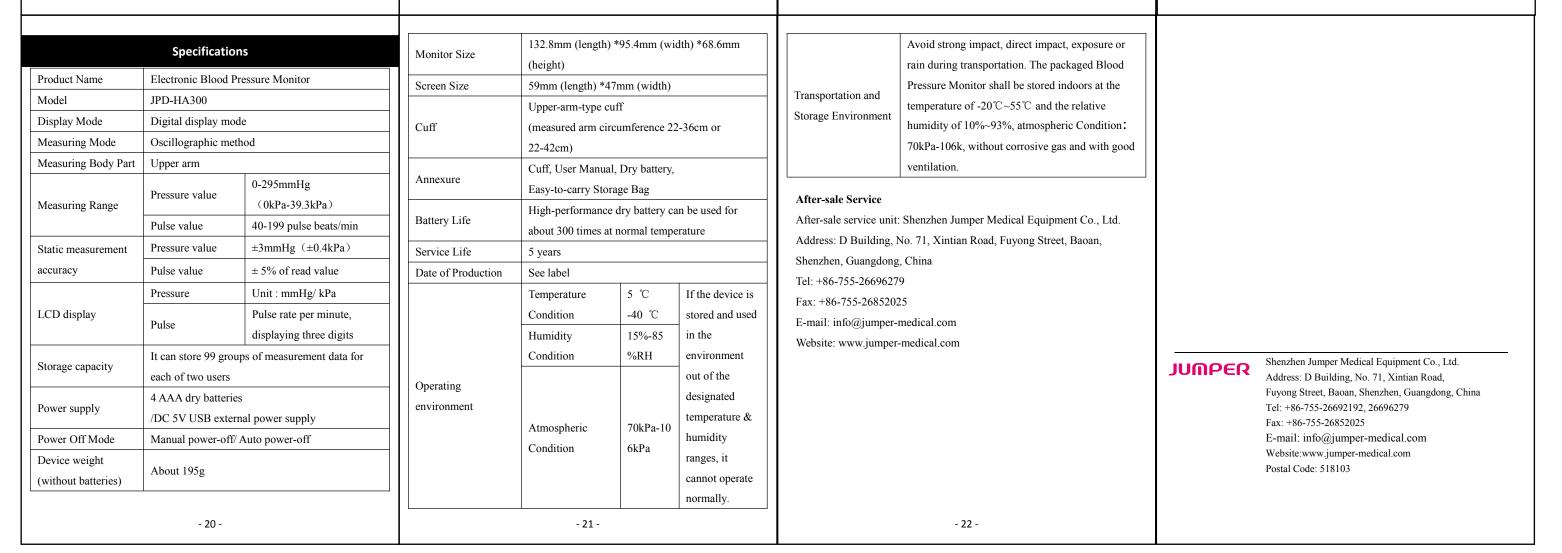
value which can be switched among 1 and 12, press the "User A"

Press the "User" A Comfirm

When setting time values, continue pressing the "Memory" button

month (01 \sim 12), date (01 \sim 31), hour (1 \sim 12 AM/PM) and minute (00 \sim 59).

ll the correct values are well set. Value ranges are year (2019~2099),



(4) Upon measurement completion, the measured values of systolic

(5) The screen will continue to display the measurement results, unless

your long-press on the "Power button to turn off the device. If

there is no operation, the device will be powered off automatically in

This blood pressure monitor is available for 2 users with 99 memories

per user. When there are over 3 measurement data, press "Memory"

button for the average values of the latest 3 measurement data, recorded

as "0". Track the memory data by pressing "Memory button from

the latest measurement, recorded as "1". Then track "2", "3" or more via

In the shutdown state, long-press "Memory " button and

"User Button for 3 seconds until "ALL" shows in the SYS area and

"EE" shows in the low DIA area, thus all the measurement data of the

Troubleshooting

* If you have trouble using the device, please check the following

How to correct

Replace new batteries or use

the USB for power supplying.

Install the batteries in correct

Make sure the air plug is

Purchase a new cuff.

securely inserted in the main

Please contact us for after-sale

Please check if the cuff

wearing is correct, and follow

Please remeasure in the right

Section 4.1 How to use the

Possible cause

Low battery

batteries are

The air plug is

loosely installed

The air tube is

broken or leaked.

The sensor doesn't

No pulse detected

The result of blood

installed wrongly.

when press the | The polarities of

4.3 Using memory function

the same operation.

current user are deleted.

instruction.

Problem

No display

displayed

displayed

displayed

Power button

4.4 Clearing stored measurement data

(6) Measurement posture (7) Measure with the same arm

will display the change of the pressure in the cuff.

measurement results is very dangerous;

Pressure Monitor without permission;

sensor will affect the measurement as well.

impact of the device;

After you wear the cuff correctly, you can start the measurement:

(1) Press the "Power (b)" button, and the device will return to zero

automatically, the air pump will start to inflate the cuff, and the screen

(2) When reaching the stable pressure upon inflation, the air pump will

stop the inflation, and the pressure in the cuff will be reduced gradually

and displayed on the screen. If the inflated pressure is insufficient, the

device will reinflate the cuff automatically for a higher pressure;

(3) When the pulse is measured, the screen will display the "heart"

symbol and start flashing. The flashing "heart" symbol will be displayed

Do not repair, disassemble or modify the Electronic Blood

Do not collide or fall down the host to avoid collision or strong

Do not mix old and new batteries of different brands for use.

Indoor temperature, environment, noise, user's body position,

speech or exercise might affect the blood pressure measurements. The

body movement, magnetic field and improper wearing of cuff and

4.2 Starting measurement

on the screen.

4.5 Classification standard for blood pressure condition

pressure is less than 100mmHg (13.3kPa), it is hypotension.

Systolic Blood Pressure (mmHg)

WHO/ISH standard most commonly used.

There is no real definition of hypo-tension (too low blood pressure

The cuff is twined

The air bag of cuff

is ruptured.

The air tube is

obstructed in the

Signal interference

Pressure value

exceeds the limit.

Note: If your problem cannot be solved by the above, please

contact customer service. Do not disassemble the device!

detected to be

early stage of

pressurization.

displayed

displayed

displayed

There is no definition of hypotension yet. Generally, if the systolic blood

pressure classification by the WHO/ISH*

* International Society

(revised in 1999)

Please check if the cuff

wearing is correct, and follow

Section 4.1 How to use the

Replace with a new cuff.

lease check if the air tube is

Remove interfering source

e.g. mobile phones, magnets.

Don't touch the cuff during

Don't fold the air tube during

the measurement:

the measurement.

clogged or folded before

Please measure again.

pressure, diastolic pressure and pulse will be displayed on the screen.

Contraindications, Precautions, Warnings and Prompt Instruction

Keep the device out of reach of the children under 12 and

shall use under the guidance of doctors.

measured value of blood pressure;

for newborns or young children;

humidity or moisture.

more than 3 months.

lightly dampened with water.

Do not wash or expose the arm cuff to liquid.

Recommended disinfecting agent:

Isopropanol solution with 70% concentration

Medical alcohol with 75% concentration

people who can't express their intention. When children of 12~18 use

the device, they should be accompanied by the adults. Pregnant women

Do not wrap the cuff over a wound, as this can cause further

This model of Electronic Blood Pressure Monitor is suitable for

the arm circumference range of 22-36cm or 22-42cm, and if the arm

circumference exceeds this range, you might fail to obtain the correct

This model of Electronic Blood Pressure Monitor is not suitable

The blood pressure is constantly changing. You shall not judge

repeated measurement data over a period of time will be more reliable;

Do not make self-diagnosis according to the measurement

results. Please consult your professional doctor with the measurement

result record(s). The treatment based on the self-diagnosis of

Storage & Maintenance

• Keep the device away from direct sunlight, extreme temperatures,

• Use a dry, soft cloth to clean the device, or if desired, use a cloth

• Do not use alcohol, benzene, thinner or other volatile liquids to

Remove batteries from the device when it will not be used for

the blood pressure condition with just one measurement result. The

(1) Warning: