

MTB PLATFORM CLIP-IN PEDALS

(Compatible with Shimano SPD)

IMPORTANT NOTES

Carefully read these instructions before installing and using this product. Always ensure pedal axles are tightly secured to crank arms before each ride. Loose, worn or damaged parts may lead to injury.

WARNING Clip-in pedals can be dangerous if used incorrectly, used with incompatible shoes or cleats, or not maintained properly. If you have never used clip-in pedals before, read instructions and take time to learn how to use them safely. Binding tension should be equal on both pedals to achieve a uniform effect when engaging and disengaging cleated shoes.

1. Clip-in pedals are compatible only with purpose-built cycling shoes.
2. You may also need to read the instructions that came with your cycling shoes.
3. Cleats compatible with Shimano SPD are included.
4. Only use cleats compatible with Shimano SPD with the pedals. The use of non-compatible cleats may be unsafe, and will void warranty.

MAINTENANCE

1. Pedals should be maintained if: rotating pedal emits noise, rotation by hand feels rough.
2. Bearings should be cleaned and regreased at least once every 12 months, or at least once every 6 months if riding predominantly in wet conditions. Damaged bearings or play in the bearings should be replaced.
3. Damaged pedals should be replaced.
4. Before each ride, ensure cleats are secured tightly to shoe soles.
5. To function properly, pedals and cleats must be kept free of debris and reasonably clean.
6. If pedals have exposed binding springs, lightly lubricate springs occasionally.
7. Minimize walking in cleated shoes as this accelerates wear.
8. Lubricate cleat bolts occasionally to prevent from rusting and seizing.
9. Cleats that are badly worn, feel loose in pedal binding, or are difficult to disengage, should be replaced.

1 YEAR WARRANTY

This product is covered by warranty under normal usage against defects in workmanship and materials to the original purchaser for one year from purchase date.

1. User assumes all risk of personal injury, damage to or failure of the product when it is used in stunt or ramp jumping, acrobatics or similar activities.
2. Pedals are warranted for use by an individual rider only. Use by multiple riders, or in a fitness center will void warranty.
3. This warranty does not cover any incidental or consequential damages, such as personal injury or any other losses due to accident, neglect, misuse, abuse, modification, normal wear and tear, improper assembly or maintenance.
4. When returning a defective product for warranty purposes, the claimant must provide proof of purchase and a written description of damages.
5. There are no other warranties implied.

CUSTOMER SUPPORT

THANK YOU FOR YOUR PURCHASE.

We are committed to your satisfaction. If you are not happy with your purchase or need help, please contact us at info@marquecycling.com and we will make it right for you.

FOLLOW US!

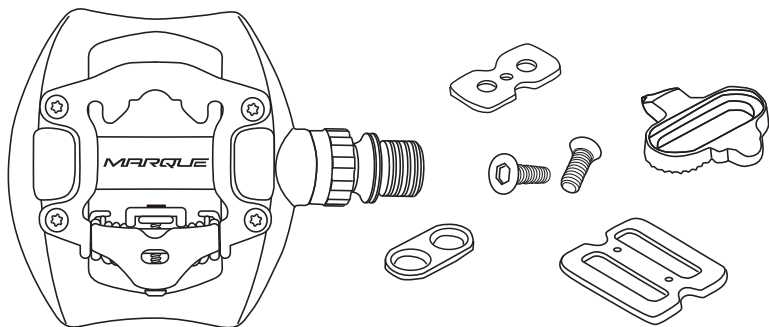
To receive awesome deals and information on all the latest products from MARQUE Cycling, sign up for our newsletter at marquecycling.com, or follow us at :



MARQUECYCLING MARQUECYCLING MARQUECYCLING



INSTALLATION



PARTS & TOOLS

PARTS INCLUDED		TOOLS NEEDED
Pedal x 2 (Left & Right)	Cleat bolt x 4	6mm Allen key
Flat nut x 2	Cleat washer x 2	4mm Allen key
Insole washer x 2	Cleat x 2	3mm Allen key

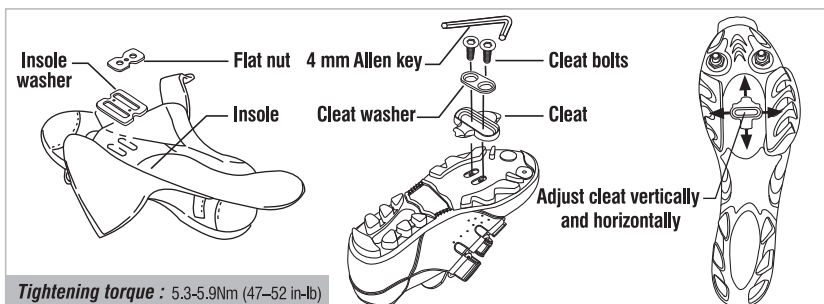
A) ATTACH PEDALS TO CRANKS

Pedals have 9/16" x 20T threaded axles. The right pedal (marked R) is installed in a clockwise direction. The left pedal (marked L) is installed in a counter-clockwise direction.

1. Lightly lubricate axle threads with grease or oil.
2. Thread axle into the crank hole with your fingers. From the other side of the crank, use 6 mm Allen key to screw pedal axles onto crank arms.
3. Tighten well, but avoid excessive force. Tightening torque: 33.3Nm (295 in-lb).

B) ATTACH CLEATS TO CYCLING SHOES

Left and right cleats are identical - the pointed end faces the toe of the shoe. 1. Lightly lubricate cleat bolt threads with oil. 2. Using the 4 mm Allen key to attach cleat bolts and cleat washers loosely to shoe soles. The lateral center line of the cleat should be aligned with the center of the ball of the shoe sole. Adjust vertically via slots in shoe sole. Adjust horizontally via play between cleat washer and cleat. 3. Tighten cleats very firmly, but avoid excessive force. Cleat position can be fine-tuned to preference after trial rides. It may take some time to find your optimum cleat set-up. Tightening torque: 5.3-5.9Nm (47-52 in-lb).



C) SHOE / PEDAL USE

The tension adjuster is located on the rear binding. Use a 3 mm Allen key to adjust rear binding tension adjuster. 1. Increase tension in a clockwise direction (+) (for securer shoe/pedal bind, but more difficult to engage and disengage). 2. Decrease tension in a counter-clockwise direction (-) (for less secure shoe/pedal bind but easier to engage and disengage). Engage cleated shoes in pedals by aligning the cleat between front and rear bindings while pushing down. Disengage by twisting heel outwards (away from bicycle). Cleat will also release by twisting heel inwards if necessary (for emergency situations only). If you have never used clip-in pedals before, take time to learn how to use them safely. Make sure the tension adjuster is set to the lowest setting. Sit on, or stand over your bike with one foot firmly on the ground. With the other foot, practice engaging and disengaging cleated shoe. When you get used to this, progress to riding slowly in a safe, traffic-free area until engagement and disengagement become natural actions that you can manage easily without looking at your feet. **WARNING** Binding tension should be equal on both pedals to achieve a uniform effect when engaging and disengaging cleated shoes. Minimum tension is recommended for beginners and for rides requiring frequent cleat disengagement, such as in heavy traffic. Do not over-tighten or over-loosen tension adjuster (over tightening may damage thread, and bolt may fall out if too loose). Binding adjustment range: 7.8-13.7Nm (69-121 in-lb).

