



YLANG YLANG #1 Essential Oil



Botanical Name: *Cananga Odorata*

Main Constituents:

Linalool: 10.58%

Geranyl acetate: 9.42%

Plant Part: Flowers

Origin: Madagascar

Processing Method: Steam Distilled

Child Safe: See safety precautions below

Description / Color / Consistency: A thin, clear, pale yellow liquid.

Aromatic Summary / Note / Strength of Aroma: A base note with a medium aroma, Ylang Ylang has a sweet, exotic, floral scent that is one of the most sought-after.

Ylang Ylang Oil is an essential oil that is produced from the Ylang Ylang flower and it is highly valued for its wonderful properties that make it an obvious choice for perfumers all over the world.

Product Abstract: Also known as Flower Of Flowers, Ylang Ylang is a tall tropical tree about 20 meters (60 feet) high with large fragrant, pink, mauve or yellow flowers; yellow heads are viewed as being the best in terms of quality. There are several grades of Ylang Ylang Essential Oil, which are extracted at different times during the flower's lengthy distillation. These grades are referred to as Extra, I, II, and III. The numbers refer to the number of times Ylang Ylang Essential Oil is distilled through fractionation. Ylang is best suited for use in the perfumery and skincare industries. It was a popular ingredient of hair preparations in Europe and was known as Macassar Oil. The word anti-macassar originated from this, since an anti-macassar was used to keep hair oil from staining upholstered furniture. In Indonesia Ylang Ylang has traditionally been strewn on the beds of newlyweds.

Ylang Ylang Extra Essential Oil

Ylang Ylang Extra Essential Oil is typically distilled for a short duration of time before the essential oil is collected. Ylang Ylang Extra is said to contain approximately 30 constituents, with a high proportion of esters, ethers and phenols.

Ylang Ylang I, II and III Essential Oils

After oil classified as Ylang Ylang Extra Essential Oil is collected, the distillation process then continues. After a specific period of time, the distillation process is stopped and the resulting oil is then again collected. That oil is then referred to as Ylang Ylang I Essential Oil. The process repeats, resulting in Ylang Ylang II and Ylang Ylang III. The duration between distillations and the details can vary between distillers.



Applications

Anxiety, depression, and insomnia: It's a strong sedative and is great in massage oil. Put it in a bath to help alleviate insomnia and reduce tension. You only need a drop or two in 1 oz. (30 ml) of a carrier, and one drop in your bath is plenty. Great for reducing anxiety. Try blending it with Clary Sage and distilled Lime, or with Lavender and Bergamot (reserving the Bergamot to an inhaler or diffuser to avoid its phototoxic effects).

Skincare: Ylang Ylang is a beautiful moisturizing agent and is generally good in skin care blends. It blends well with Rose, Jasmine, and Sandalwood.

Stress and tension: Ylang Ylang is known for its unique relationship with the heart, and its ability to slow a rapid heartbeat. I've had great results with this oil in this capacity. It can also help alleviate the symptoms of shock and trauma.

Stress and anxiety can also manifest as muscular tension. Ylang Ylang can alleviate this, calming the mind and emotions as well as inducing physical relaxation. Try blending it with some of the following: Rose, Palmarosa, Sandalwood, Opopanax, Frankincense, Vetiver, and Patchouli. It is often used in blends for harmonizing mind, body, and spirit.

Safety Data

Non-toxic, though it may cause skin irritation or be sensitizing, especially with young children. Use in low dilution when applying to the skin, such as in bath or massage oils. Tisserand and Young recommend the maximum topical use of 0.8%. Do not use on inflamed skin, hypersensitive skin, diseased or damaged skin or on dermatitis. Ylang Ylang can lead to headaches and nausea with people sensitive to the oil. The floral, sweet scent of Ylang Ylang is amazing in small quantities, but if overused it can cause headaches and nausea.

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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