



VANILLA Essential Oil (High Vanilline)

Botanical Name: *Vanilla Planifolia*

Plant Part: Fruit

Origin: India

Processing Method: Solvent Extraction

Child Safe: Yes

Description / Color / Consistency: A dark brown liquid which can be viscous.

Aromatic Summary / Note / Strength of Aroma: A top note with a medium aroma, Vanilla has a sweet, rich scent.

Product Abstract: Native to Central America and Mexico, Vanilla is a perennial climbing vine that can grow up to 25 meters (82 feet) tall. When cultivated its deep trumpet-shaped flowers must be hand-pollinated; in nature, hummingbirds do the work. The green capsules or fruit are picked, and the immature vanilla pod or bean is fermented and dried to turn it into a fragrant brown vanilla bean.

Vanilla oil is an essential oil that is extracted by solvent extraction from fermented Vanilla beans. This is one of the essential oils that is not produced by steam distillation. Because of its sweet smell Vanilla Oil is loved by perfumers and cosmetologists who use it in the preparation of creams, lotions, soaps and perfumes. Vanilla oil is considered as the base flavoring agent in ice creams, chocolates, cakes and some kinds of coffee.

Common Uses:

Stress-induced conditions, nervous anxiety, nervousness, insomnia and restlessness, unexplained painful limbs, nervous stomach, nausea, inability to relax (from *The Complete Book of Essential Oils and Aromatherapy* by Valerie Ann Worwood).

Safety

Generally non-toxic, non-irritant and non-sensitizing. Always test a small amount first for sensitivity or allergic reaction.

If pregnant or under a doctor's care, consult your physician.

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

IMPORTANT: All Essentially You Oils products are for external use only unless otherwise indicated. This information is not intended to diagnose, treat, cure, or prevent any disease, and it should not be used by anyone who is pregnant or under the care of a medical practitioner. See [Disclaimer](#).

