



## TANGERINE Essential Oil



**Botanical Name:** *Citrus reticulata blanco var tangerine*

**Main Constituents:**

Limonene: 95%

**Plant Part:** Fruit Peel

**Origin:** Argentina

**Processing Method:** Cold Pressed

**Child Safe:** Yes

**Description / Color / Consistency:** A thin, clear, pale yellow to reddish orange liquid.

**Aromatic Summary / Note / Strength of Aroma:** A middle note with a medium aroma, Tangerine is typically fresh, tangy and sweet. With only subtle differences, it smells much like [Mandarin](#). In comparison to [Sweet Orange](#), Tangerine is lighter with sweeter notes.

Tangerine Essential Oil is fresh, sweet, citrusy and is similar to the brighter aroma of tangerine peels (as compared to orange peels), but has a more concentrated, intense aroma than does Sweet Orange Essential Oil.

**Major Constituents**

- a-Pinene
- Myrcene
- Limonene
- γ-Terpinene
- Citronellal
- Linalool
- Neral
- Neryl Acetate
- Geranyl Acetate
- Geraniol
- Thymol
- Carvone

**Common Uses:** Stress-induced insomnia, nervous exhaustion, mild muscular spasm, cellulite, digestive problems, detoxifying, flatulence, constipation, bodily congestion, tires all the time, irritability, general dispirited, overly anxious (from *The Complete Book of Essential Oils and Aromatherapy* by Valerie Ann Worwood).



Tangerine Oil is **not** phototoxic.

**Safety**

Generally non-toxic, non-irritant and non-sensitizing. Always test a small amount first for sensitivity or allergic reaction.

If pregnant or under a doctor's care, consult your physician.

**\*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**IMPORTANT:** All Essentially You Oils products are for external use only unless otherwise indicated. This information is not intended to diagnose, treat, cure, or prevent any disease, and it should not be used by anyone who is pregnant or under the care of a medical practitioner. See [Disclaimer](#).