



PINE SCOTCH Essential Oil



Botanical Name: *Pinus Sylvestris*

Main Constituents:

a-Pinene: 34.3%

Limonene: 16.6%

β-Pinene: 15.2%

Plant Part: Needles and Twigs

Origin: Hungary

Processing Method: Steam Distilled

Description / Color / Consistency: A thin, colorless to pale yellow liquid.

Aromatic Summary / Note / Strength of Aroma: A top note with a strong aroma, Pine Essential Oil has a woody, evergreen scent similar to natural turpentine.

Product Abstract: Originally from around the Mediterranean basin, this evergreen tree can grow up to 25 - 30 feet and the bark is a reddish-brown that is deeply fissured with needle-like leaves that grow in pairs, and pear-shaped cones. Historically it has been used in steam baths and massage oils.

Scotch Pine Essential Oil Uses

- Colds
- Coughing
- Flu
- Rheumatism
- Sinusitis
- Rheumatism
- Muscular Pain/Injury/Fatigue
- Gout
- Bronchial Infection
- Sinus Congestion
- General Debility



- Fatigue
- Mental And Nervous Exhaustion

[All About Pine Oil](#)

Cautions: Dilute well before use; for external use only. May cause skin irritation in some individuals; a skin test is recommended prior to use. Contact with eyes should be avoided.

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

IMPORTANT: All Essentially You Oils products are for external use only unless otherwise indicated. This information is not intended to diagnose, treat, cure, or prevent any disease, and it should not be used by anyone who is pregnant or under the care of a medical practitioner. See [Disclaimer](#).