



BLOOD ORANGE Essential Oil

Botanical Name: *Citrus sinensis*

Main Constituents:

Limonene: 98%

Plant Part: Crude Fruit Peel

Extraction Method: Cold Pressed

Origin: Italy

Child Safe: Yes

Description: *Citrus sinensis* is a middle-sized evergreen tree, covered with bark of a greenish-brown color, having auxiliary spines on the branches. The leaves are alternate, ovate-oblong, acute, shining green, the stalk more or less winged. The blood orange has streaks of red in the fruit, and when squeezed the juice is often reddish.

Aromatically, both Sweet Orange Essential Oil and Blood Orange Oil are similar. However, Blood Orange Essential Oil is a bit more tantalizing, bright and tart.

As the aromatic and therapeutic properties are similar, Blood Orange Essential Oil can be used in place of Sweet Orange Oil in both aromatic and therapeutic blends.

ENERGETICS

Blood Orange oil helps to circulate stagnant Qi, especially when it accumulates in the liver, stomach and intestines.

SUBTLE AROMATHERAPY

The effects on the emotions and nervous system are said to overlap with those of Neroli. Reduces self-doubt and fears of the unknown and allows one to take on new challenges.

Application

Good for everyone, Blood Orange oil is especially great for children. They love the fresh scent and benefit most in times of stress and upset **tummies**.

INHALATION

direct inhalation, diffuser, oil vaporizer, steam inhalation

Orange oil brightens a room and helps to cleanse the air of microbes.

Paramount among orange oil's many beneficent properties is its effect on the mental and emotional systems. Well-known for its uplifting and worry-reducing properties, orange oil carries cheerfulness while simultaneously calms, making it ideal as an overall mood enhancer and relaxant. Its balancing effect on the mind and body, and its warming and joyful qualities benefit people of all ages.



TOPICAL

- massage, compress, bath, ointment, skincare

Add to skincare blends for mature skin, cellulite, dry skin, irritations, acne, and rough or calloused skin. Because of its potential phototoxic effects, it should always be diluted, and dermal applications avoided before exposure to sunlight.

For stomach and digestive upset apply orange oil singly in a carrier or in a blend and rub directly onto the stomach.

Cautions: Avoid exposure to sunlight after skin application due to possible photo-toxicity.



****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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