



HYSSOP Organic Essential Oil



Certified Organics: This Certified Organic Oil is QAI Certified. The National Organic Program develops, implements, and administers national production, handling, and labeling standards for organic agricultural products. The QAI also accredits the certifying agents (foreign and domestic) who inspect organic production and handling operations to certify that they meet USDA standards.

Botanical Name: *Hyssopus officinalis*

Main Constituents:

1, 8-Cineole: 52.40%

Plant Part: Leaves & Flowers

Origin: Spain

Processing Method: Steam Distillation

Description / Color / Consistency: A thin, pale yellow green liquid.

Aromatic Summary / Note / Strength of Aroma: A top note with a strong aroma, Hyssop Essential Oil has a sweetly medicinal scent that many find appealing.

Blends With: [Eucalyptus](#), [Ravensara](#), [Niaouli](#), [Cajeput](#) and [Myrtle](#).

Major Constituents of *Hyssopus officinalis*

Pinocamphone
Isopinocamphone
B-Pinene
Myrtenyl methyl ether
Myrteno
Thujone

Product Abstract: Found in the Mediterranean area, the Hyssop plant is about 60 cm (2 feet) high and very attractive to bees. It has a hairy, woody stem, small lance-shaped green leaves and purple-blue flowers. Well used in ancient times, Hyssop was referred to in the Bible for its cleansing effect in connection with disease. It was used for purifying sacred places and during the Middle Ages, as a strewing herb to ward off lice.

Hyssop Essential Oil is a beautiful essential oil to work with for respiratory issues and can also be helpful for digestion and muscular and joint pain.

Hyssop is most commonly available with the botanical names of *Hyssopus officinalis* var. *decumbens* and *Hyssopus officinalis*. Generally speaking, Hyssop Essential Oil that does not include the var. *decumbens*



portion of the botanical name contain significantly more of the ketone Pinocamphone and is much riskier to use.

Cautions: Due to the presence of pinocamphon in this oil, please consult a physician prior to use. Dilute before use; for external use only. May cause skin irritation in some individuals; a skin test is recommended prior to use. Contact with eyes should be avoided.

Hyssopus officinalis oil should not be used during pregnancy or on individuals with epilepsy.

This particular type of Hyssop contain toxic ketones, and should not be used in aromatherapeutic applications.

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

IMPORTANT: All Essentially You Oils products are for external use only unless otherwise indicated. This information is not intended to diagnose, treat, cure, or prevent any disease, and it should not be used by anyone who is pregnant or under the care of a medical practitioner. See [Disclaimer](#).