

HO WOOD Essential Oil



Botanical Name: Cinnamomum camphora

Main Constituents: Linalool: > 98%

Plant Part: Twigs and Bark

Origin: China

Processing Method: Steam Distilled

Child Safe: Yes

Description / Color / Consistency: A thin, pale yellow to yellow liquid.

Aromatic Summary / Note / Strength of Aroma: A middle note with a medium aroma, Ho Wood Essential Oil has a sweeter woody scent like rosewood's, with camphoraceous notes.

Blends well with: Bergamot, Lavender, Geranium, Amyris, Sandalwood and Cedarwood.

Product Abstract: Ho Wood Essential Oil has recently been used as a replacement for Rosewood Essential Oil because of its similar chemical properties and applications.

Ho Wood is one of the most potent sources of naturally occurring linalool found in any steam distilled essential oil.

Emotionally, given its linalol content, Ho Wood Oil is a "peaceful" oil. It is calming and is a good choice when needing to relax or unwind.

Aromatically, Ho Wood Essential Oil is a beautifully fragrant wood oil that possesses some similarity to that of Rosewood Oil. Due to the endangerment of the rosewood tree, Ho Wood may serve as a suitable aromatic substitute for Rosewood Essential Oil in some applications.

Common Uses: Influenza, colds, chills, bacterial and viral respiratory infection, menstrual cramp, vaginal infection, parasitic skin infection, wounds, cuts, grazes, eczema, acne, stress and stress-related conditions, anxiety, tension (from *The Complete Book of Essential Oils and Aromatherapy by Valerie Ann Wormwood*).

Cautions: Dilute before use; for external use only. May cause skin irritation in some individuals; a skin test is recommended prior to use. Contact with eyes should be avoided.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



IMPORTANT: All Essentially You Oils products are for external use only unless otherwise indicated. This information is not intended to diagnose, treat, cure, or prevent any disease, and it should not be used by anyone who is pregnant or under the care of a medical practitioner. See <u>Disclaimer</u>.