

## **EUCALYPTUS Lemon Essential Oil**





**Botanical Name:** Eucalyptus citriodora

Main Constituents: Citronellal: 70% Plant Part: Leaves

Origin: Brazil

**Processing Method:** Steam Distilled

Child Safe: Yes

**Product Abstract:** The lemon-scented Eucalyptus tree, the botanical from which this oil is obtained, gets its name from the Latin term "citriodorus," which means "lemon-scented." Among its common uses, it has proven its ability to work effectively as an air freshener. Despite it's common name, Lemon Eucalyptus Essential Oil does not possess the distinctive cineole (camphor-like) aroma that *Eucalyptus globulus* and *Eucalyptus radiata* are known for because it contains very little cineole. Instead, it possesses a lovely, sweet lemon aroma.

## **ABOUT THE OIL**

The oil is often noted as a natural insect repellent that can be used in place of citronella. It is noted not just for mosquitoes, but ticks, silverfish and cockroaches.

Lemon Eucalyptus Essential Oil contains approximately 80% citronellal, an aldehyde that is strongly responsible for its aroma, antimicrobial properties and insect repellent capabilities.

Emotionally, Lemon Eucalyptus Essential Oil is an energizing, uplifting essential oil that isn't too overpowering or stimulating.

**Common Uses**: Muscular injury, fungal skin infection, bacterial skin infection, sores, wounds, respiratory tract conditions, asthma, fever, candida, insect bites, insect repellent (from *The Complete Book of Essential Oils and Aromatherapy by Valerie Ann Wormwood*, page 586).

## Safety

Always test a small amount of essential oil first for sensitivity or allergic reaction. If pregnant or under a doctor's care, consult your physician. Do not take internally.

\*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**IMPORTANT:** All Essentially You Oils products are for external use only unless otherwise indicated. This information is not intended to diagnose, treat, cure, or prevent any disease, and it should not be used by anyone who is pregnant or under the care of a medical practitioner. See <u>Disclaimer</u>.