

EUCALYPTUS Essential Oil (Radiata)





Botanical Name: Eucalyptus radiata

Main Constituents: 1,8-Cineole: 69.41%

Plant Part: Woods and Leaves

Origin: Australia

Processing Method: Steam Distilled

Child Safe: No

Description / Color / Consistency: A thin, clear to pale yellow liquid.

Aromatic Summary / Note / Strength of Aroma: A top note with a strong aroma, Eucalyptus Essential Oil (Radiata) has a crisp, clean, camphoraceous aroma.

Eucalyptus Globulus Oil – Offers a very herbaceous scent with soft woody undertones.

Eucalyptus Blue Mallee Oil – Has the highest Cineol content and Eucalyptol. **Eucalyptus Lemon Oil** – This oil has a slightly camphoraceous odor with a sweet, citronella scent. **Eucalyptus Essential Oil (Radiata)** – This type of eucalyptus has a crisp, clean camphoraceous aroma and includes some subtle back notes of citrus and floral.

Unsure which Eucalyptus is best for you? Check out our blog on the differences.





Product Abstract: Eucalyptus Radiata is also known as Narrow-Leaved Peppermint. The young trees have oval bluish-green leaves while the mature trees develop long, narrow, yellowish leaves, creamywhite flowers and a smooth, pale grey bark. Eucalyptus leaves are the favourite food of Koalas, and have been used as traditional medicine by the aboriginal peoples of Australia. Eucalyptus Radiata is preferred over Eucalyptus Globulus because it is less harsh.

Common Uses: Respiratory tract infection, bronchitis, catarrh, sinusitis, rhinitis, colds, influenza, fever, asthma, rheumatism, muscular aches and pains, neuralgia, abdominal cramp, menstrual cramp, headaches, mental exhaustion, fatigue, insect stings and bites, general stimulant and tonic (from *The Complete Book of Essential Oils and Aromatherapy by Valerie Ann Wormwood*, page 587).



Cautions: Avoid if you have high blood pressure or epilepsy. For external use only, this is considered toxic if taken internally. Dilute before use; may cause skin irritation in some individuals, so a skin test is recommended prior to use. Avoid contact with eyes.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

IMPORTANT: All Essentially You Oils products are for external use only unless otherwise indicated. This information is not intended to diagnose, treat, cure, or prevent any disease, and it should not be used by anyone who is pregnant or under the care of a medical practitioner. See <u>Disclaimer</u>.