



CINNAMON LEAF Essential Oil



Botanical Name: *Cinnamomum zeylanicum*

Main Constituents:

Eugenol: 82.8%

Plant Part: Leaves

Origin: Sri Lanka

Processing Method: Steam Distilled

Child Safe: No

Description / Color / Consistency: A brownish yellow to dark liquid with a medium consistency.

Aromatic Summary / Note / Strength of Aroma: A middle note of medium aroma, it has a warm, spicy scent between that of clove and cinnamon, but with herbaceous notes that are not sweet. Customers seeking the smell of the cinnamon spice should purchase Cinnamon Bark.

Product Abstract: *Cinnamomum verum* originates from Sri Lanka. It is a tropical evergreen tree of the laurel family growing up to 15 m (45 feet) in the wild. The tree has a very thin smooth bark, with a light yellowish brown color and a highly fragrant odor. Its pleasant scent has led it to be a perfect addition to creams, lotions and soaps.

Typically, both Cinnamon Bark and Cinnamon Leaf essential oils should be used with *extreme caution*, if at all. The dermal maximum for Cinnamon Bark Essential Oil is even less than for Cinnamon Leaf Essential Oil.

Cinnamon Leaf promotes warmth when applied topically diluted to the skin.

Cinnamon Leaf essential oil has been used for many years as part of a popular cleaning blend. Combine Cinnamon Leaf and Clove Bud at 1% dilution in your favorite carrier oil to help with the aches associated with aging joints. Diffuse in the air to help combat seasonal illness threats.

Common Uses:

Bacterial and viral infection, parasitic infection, intestinal infection, fungal infection, respiratory infection, fevers, coughs, flu, muscular injury, aches and pains, rheumatism, arthritis, cold limbs, general physical debility, exhaustion, fatigue, tired all the time (from *The Complete Book of Essential Oils and Aromatherapy* by Valerie Ann Wormwood).

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



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