



## Cajeput Essential Oil



**Botanical Name:** *Melaleuca cajuputi*

**Main Constituents:**

1,8-Cineole: 76.58%

**Plant Part:** Leaves and Twigs

**Origin:** Indonesia

**Processing Method:** Steam Distilled

**Child Safe:** No

**Description / Color / Consistency:** A thin, colorless to pale yellow clear liquid.

**Aromatic Summary / Note / Strength of Aroma:** Cajeput Essential Oil has a fresh, camphorous aroma resembling the combined fragrances of camphor, rosemary, and cardamom, with a slight fruity note; a middle note with a medium strength aroma.

**Product Abstract:** Cajeput is a small tree with a soft, thick, spongy, ash-colored bark and scattered branches, with the slender twigs often drooping like the weeping willow (*Salix babylonica*). The leaves are from 3 to 5 inches long, and very aromatic when bruised. Cajeput being the Indonesian for 'white wood', it is part of the *Melaleuca* family and is used much in the same way as its cousin, Tea Tree.

### About Cajeput Essential Oil

Cajeput essential oil is the ally of professional athletes, active seniors and anyone seeking to support the body after exertion. Cajeput is often combined with various mints, and other botanicals to make lotions, balms and salves for the after-shocks of strenuous exercise. Its powerful aroma is also used as an inhalant to combat the woes of seasonal maladies.

Cajeput shares a wide range of properties with [Eucalyptus](#) and [Tea Tree](#) (they are both in the same genus, *Melaleuca*) in natural composition and aroma. Native to Australia and Asia, Cajeput essential oil is extracted from the leaves of 50-100 foot evergreen trees using steam distillation. Much of the essential oil is produced on the Indonesian island of Sulawesi.

Cajeput Essential Oil is a must-have oil to keep on hand for cold and flu season, especially for use in the diffuser. Aromatically, Cajeput Essential Oil is quite camphorous but possesses a fresh, uplifting, fruity quality.

### Cajeput Essential Oil Uses

- Asthma
- Bronchitis
- Coughs



- Muscle Aches
- Oily Skin
- Rheumatism
- Sinusitis
- Sore Throat
- Spots

### **Safety Information**

Tisserand and Young indicate that due to the 1,8 cineole content, Cajeput Oil may cause CNS and breathing problems in young children. Reading Tisserand and Young's full profile is recommended. [Robert Tisserand and Rodney Young, Essential Oil Safety (Second Edition. United Kingdom: Churchill Livingstone Elsevier, 2014), 224.]

Do not take any oils internally and do not apply undiluted essential oils onto the skin without essential oil knowledge or consultation from a practitioner. Consult a practitioner before using oils with children, the elderly, if you are pregnant, if you have medical issues or are taking medications.

**Cautions:** Dilute before use; for external use only. May cause skin irritation in some individuals; a skin test is recommended prior to use. Contact with eyes should be avoided. Possible drug interactions.

**IMPORTANT:** All Essentially You Oils products are for external use only unless otherwise indicated. This information is not intended to diagnose, treat, cure, or prevent any disease, and it should not be used by anyone who is pregnant or under the care of a medical practitioner. See [Disclaimer](#).