



CORIANDER Essential Oil



Botanical Name: *Coriandrum sativum*

Main Constituents:

Linalool: 68%

Plant Part: Seeds

Origin: India

Processing Method: Steam Distilled

Child Safe: Yes

Description / Color / Consistency: A thin, colorless to pale yellow liquid.

Major Constituents

- Linalool
- a-Pinene
- Gamma-Terpinene
- B-Pinene
- p-Cymene

Aromatic Summary / Note / Strength of Aroma: Coriander Essential Oil has a slightly sweet, spicy, herbaceous smell similar to that of cilantro, offering a middle note with a medium aroma.

Product Abstract: Coriander is an annual herb that grows three feet high and is very aromatic. Coriander seeds have been used for centuries to aid digestion and are still used today for this same benefit. Coriander has a high linalool content, which helps skin maintain complexion. Coriander can be soothing to the body. Coriander's sweet, herbaceous aroma is both relaxing and stimulating, making it a good rotation oil to use in blends to add a fresh, herbaceous note.

Uses & Benefits

- Stimulates appetite.
- Relieves occasional digestive upset.
- Elevates mood.
- Helps with mental focus.



- Aids in relaxation before sleep.
- Promotes a clear skin complexion.

Cautions: Dilute before use; for external use only. May cause skin irritation in some individuals; a skin test is recommended prior to use. Contact with eyes should be avoided.

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

IMPORTANT: All Essentially You Oils products are for external use only unless otherwise indicated. This information is not intended to diagnose, treat, cure, or prevent any disease, and it should not be used by anyone who is pregnant or under the care of a medical practitioner. See [Disclaimer](#).