

Blue Tansy Essential Oil

Botanical Name: Tanacetum annuum

Main Constituents: Sabinene: 19.75% Chamazulene: 4.35%

Plant Part: Leaves and Flowers

Origin: India

Processing Method: Steam Distilled

Child Safe: Yes

Aromatic Summary / Note / Strength of Aroma: A middle note with a medium aroma, Tansy Blue has a surprisingly sweet scent making it perfect for applications in skin-care products.

Product Abstract: Blue Tansy is also known as True Moroccan Chamomile. Another variety grown in Morocco, *Ormensis multicaulis*, is correctly called Wild Moroccan Chamomile, but it does not have the distinctive blue colour of the other chamomiles. Blue Tansy, like the other blue essential oils, contains the active *azulene*. It seems to display its strongest effects if its maximum concentration in a blend does not exceed 5%.

Blue Tansy Essential Oil is recommended by Dr. Kurt Schnaubelt and other holistic aromatherapy experts for its use as a powerful anti-inflammatory and for its anti-histamine, anti-allergen and anti-fungal applications.

Blue Tansy Essential Oil Uses

Anti-inflammatory, anti-histamine, anti-allergen and anti-fungal applications including but not limited to the following:

- Muscular Aches
- Eczema
- Skin Conditions
- Helps reduce the appearance of blemishes
- Asthma
- Muscular Aches

General Safety Information

Do not take any oils internally and do not apply undiluted essential oils onto the skin without essential oil knowledge or consultation from a practitioner. Consult a practitioner before using oils with children, the elderly, if you are pregnant, if you have medical issues or are taking medications.



Cautions: Dilute before use; for external use only. May cause skin irritation in some individuals; a skin test is recommended prior to use. Contact with eyes should be avoided. Possible drug interactions.

IMPORTANT: All Essentially You Oils products are for external use only unless otherwise indicated. This information is not intended to diagnose, treat, cure, or prevent any disease, and it should not be used by anyone who is pregnant or under the care of a medical practitioner. See <u>Disclaimer</u>.