



ARNICA HERBAL OIL



Botanical Name: *Heterotheca inuloides*

Plant Part: Flowers

Infused In: Extra Virgin Olive Oil

Standardization: 11.3% dry herb/L of oil (i.e., 113 g herb per 1000 ml of oil)

Common Uses: Also known as Mexican Arnica, the herb has been used medicinally on this continent for centuries. Because of the dearth of Arnica montana, a popular herb indigenous to Europe, it is currently used in Europe as a substitution when formulating topical skin-care products that provide an overall soothing experience.

Topically, Arnica Herbal Oil can be used in preparations for tinctures, creams, ointments, compresses and poultices.

Cautions: Arnica should only be applied to unbroken skin as it is known to promote blood circulation and may increase bleeding of wounds.

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

IMPORTANT: All Essentially You Oils products are for external use only unless otherwise indicated. This information is not intended to diagnose, treat, cure, or prevent any disease, and it should not be used by anyone who is pregnant or under the care of a medical practitioner. See [Disclaimer](#).