



Healios® Fact Sheet

Healios Glutamine Disaccharide Complex For Mucosal Tissue Health



Description

Healios is a nutrient-based product uniquely formulated for cancer patients at risk of developing or currently experiencing oral mucositis or mouth sores, as well as esophagitis or inflammation of the esophagus.

Healios contains glutamine and two types of sugars in a precise combination that increases the absorption of glutamine as it comes in contact with the epithelial cells in the mucosal tissue. The sugars shuttle the glutamine into the epithelial cells where it supports cellular repair and renewal.

Features

- Unique formulation‡ facilitates rapid uptake of glutamine by mucosal cells at risk for injury.
- Designed to target mechanistic changes associated with the pathophysiology of mucositis
- Oral administration delivers glutamine directly to the target tissue in a safe and convenient way

Nutritional Info

- Each serving contains: ~5 g L-Glutamine
- Generally Recognized as Safe (GRAS) components: glutamine, sucrose, trehalose

Unflavored

Supplement Facts		
Serving Size	1 Scoop (10g)	
Servings Per Container	30	
Amount Per Serving % DV*		
Calories	25	
Total Carbohydrates	6g	2%
Total Sugars	6g	†
Includes 6g Added Sugars		12%
Healios® Oral Support Blend	5345mg	†
L-Glutamine, Trehalose, L-Arginine		
* Percent Daily Values are based on a 2,000 calorie diet.		
†Percent Daily Value (DV) not established.		
Other ingredients: Sucrose, Silica.		

Orange

Supplement Facts		
Serving Size	1 Scoop (11g)	
Servings Per Container	30	
Amount Per Serving % DV*		
Calories	25	
Total Carbohydrates	6g	17%
Sugars	6g	†
Healios® Oral Support Blend	5345mg	†
L-Glutamine, Trehalose, L-Arginine		
* Percent Daily Values are based on a 2,000 calorie diet.		
†Percent Daily Value not established.		
Other ingredients: Sucrose, Natural & Artificial flavor, Citric acid, Stevia rebaudiana leaf extract, Malic acid, Maltodextrin, Gum Arabic, Coconut oil, Sodium Ascorbate, DL-Alpha Tocopherol, Silica, Beta Carotene.		

Grape

Supplement Facts		
Serving Size	1 Scoop (11g)	
Servings Per Container	30	
Amount Per Serving % DV*		
Calories	25	
Total Carbohydrates	6g	17%
Sugars	6g	†
Healios® Oral Support Blend	5345mg	†
L-Glutamine, Trehalose, L-Arginine		
* Percent Daily Values are based on a 2,000 calorie diet.		
†Percent Daily Value not established.		
Other ingredients: Sucrose, Natural & Artificial flavor, Citric acid, Stevia rebaudiana leaf extract, Red Cabbage juice (color), Malic acid, Silica.		

Benefits

- Promotes healthy mucosal lining in the mouth, throat and esophagus
- Helps patients maintain nutritional status, complete treatment and avoid hospitalizations

Contraindications

Do not use if you have severe liver disease with difficulty thinking or confusion (hepatic encephalopathy); or have previously reacted to monosodium glutamate (MSG), a food additive.

Product Use

For oral use only.

- Mix one scoop of Healios with 50-100 ml of water in the enclosed bottle
- Swirl and swish in the mouth for 10 seconds, then swallow. For best results, take twice a day after a meal or wait 30-45 minutes before drinking, eating, or using another product

About Us

Enlivity is an emerging medical nutrition company whose products focus on food and nutrient-based solutions that help minimize cancer treatment side effects.

To learn more about us or the science behind Healios, visit: www.enlivity.com

‡ US Patent number: 9,849,144

