

# Body Butters



**STEPHENSON**  
PERSONAL CARE

FORMULATIONS TO  
DEVELOP YOUR  
PRODUCT RANGE

# Body Butter Base

Made using Sunflower Oil, Shea Butter and Cocoa Butter, our innovative Body Butter Base is rich and creamy.

**YOU ONLY NEED TO HEAT AND ADD ADDITIONAL INGREDIENTS SUCH AS COLOUR AND FRAGRANCE, TO CREATE A RANGE OF PREMIUM BODY BUTTER PRODUCTS.**

Our Body Butter Base has fantastic rub-in properties, leaving skin feeling soft and smooth.

In this formulations booklet, we will share product development ideas, recipe guidelines, and ingredient benefits, for you to create a finished product line in a few simple steps.

We have also teamed up with 'Adina Cosmetic Ingredients', to supply us with some great, natural fragrances for your formulations. You'll see these quoted throughout!



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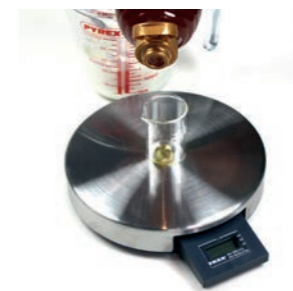
# BODY BUTTER BASICS



WHAT DO YOU NEED?



HOW TO



PROCESS YOUR

BODY BUTTER BASE



## What you need

HERE'S A LIST OF ALL THE TOOLS YOU WILL NEED TO MAKE YOUR OWN TAILORED RANGE OF BODY BUTTER PRODUCTS USING OUR INNOVATIVE BODY BUTTER BASE.

- 1. Stephenson Personal Care Body Butter Base
- 2. Heat proof container
- 3. Scales
- 4. Thermometer
- 5. Spatula/stirrer
- 6. Plastic jar
- 7. Glass beakers
- 8. Pipettes
- 9. Additives (your choice)

# Formulation process

## GUIDE RECIPE IN ACTION, USING OUR HONEY & SHEA RECIPE!

- **OPEN** - Simply open the packaging and weigh out your desired amount of Body Butter Base
- **PREPARE** - Whilst mixing the product, heat to 50-60°C (122/140°F). If microwaving the product, ensure it is stirred thoroughly every minute to keep product homogenous
- **ADD** - Continue to mix the product, add 1% Honey, and 1-2% 'True Honey Flower Fragrance'
- **MIX** - Continue stirring the product until it cools to 50-60°C (122/140°F)
- **FILL** - Finally fill your finished Body Butter into your containers. Opaque containers are recommended as the natural ingredients in the product may darken if exposed to sunlight.

### WHAT YOU NEED



### BODY BUTTER



### MICROWAVE



### HEAT TO 50-60°C (122/140°F)



### HONEY



### FRAGRANCE



### COLOUR



### COOL DOWN



### POUR



### PRESENT



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# BUTTERS RANGE



# Honey & Shea



Fragrance code 50-7773-0

## FORMULATION

Simply add 1% Honey and 1-2% 'True Honey Flower Fragrance' (code 50-7773-0) to our Body Butter Base following the guide recipe.

## INGREDIENT INFORMATION

### **HONEY:**

People have been using honey for thousands of years as part of their skincare routine. It is thought to be anti-ageing, have an astringent effect and is a natural antiseptic.

### **SHEA BUTTER:**

Shea Butter is naturally high in Vitamin A. This great for treating eczema and reducing wrinkles. Shea Butter is also a natural moisturiser, helping to keep the skin hydrated.



# Mango & Coconut



Fragrance code 50-4805-0



## FORMULATION

Simply add 1% Mango Butter, 1% Coconut Oil, 1-2% 'True Coconut Fragrance' (code 50-4805-0) and your desired amount of diluted yellow pigment to our Body Butter Base following the guide recipe.

## INGREDIENT INFORMATION

### **MANGO BUTTER:**

Mango Butter is naturally high in Vitamin A & C. Vitamin C can increase the production of collagen, which can give a firmer appearance to the skin, reducing fine lines and wrinkles. Mango Butter can also help soothe sunburnt skin.

### **COCONUT OIL:**

High in Vitamin E, Coconut Oil can be anti-ageing as Vitamin E is a powerful antioxidant. Vitamin E is also antiviral and antifungal! Coconut Oil is best known for being a natural moisturiser, restoring dry or flaky skin.



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# FLORALS RANGE

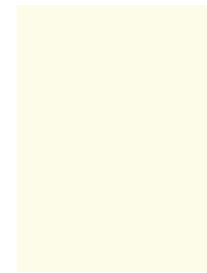




# Lily Blossom



Fragrance code 50-6017-0



## FORMULATION

Simply add 1-2% Evening Primrose Oil, and 1-2% 'Lily Blossom Fragrance' (code 50-6017-0) to our Body Butter Base following the guide recipe.

## INGREDIENT INFORMATION

**EVENING PRIMROSE OIL:** Naturally packed with Omega-6 fatty acids, which our bodies don't produce, Evening Primrose Oil is essential for healthy skin and nails. Studies in the International Journal of Cosmetic Science have shown that Evening Primrose Oil can help with age-related skin issues such as firmness and fatigue.



# Rose Magnolia



Fragrance code 50-8288-0



## FORMULATION

Simply add 1-2% Rosehip Oil, 1-2% 'True Ladies Blossom Fragrance' (code 50-8288-0) and your desired amount of diluted red pigment to our Body Butter Base following the guide recipe.

## INGREDIENT INFORMATION

**ROSEHIP OIL:**  
This oil is mainly harvested from the seeds of Rose bushes grown in Chile. It is naturally full of Vitamins, Antioxidants and Essential Fatty Acids. When these Essential Fatty Acids are absorbed through the skin, they play a key role in cellular membrane and tissue regeneration.

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# DESSERTS RANGE



# Vanilla Marshmallow



Fragrance code 50-8182-0

## FORMULATION

Simply add 1-2% Macadamia Nut Oil, 1-2% 'True Vanilla Queen Fragrance' (code 50-8182-0) a sprinkle of glitter and your desired amount of diluted red pigment to our Body Butter Base following the guide recipe guidelines.

## INGREDIENT INFORMATION

### MACADAMIA NUT OIL:

This oil is rich in Palmitoleic Acid, which naturally exists in our skin but decreases as we age, meaning when used on the skin it can decrease the rate of deterioration and discourage wrinkle formation. It is also rich in Squalane, an antioxidant in our body, that can help reduce the effects of ageing.



# Spiced Apple Pie



Fragrance code 50-4810-0



## FORMULATION

Simply add 1-2% Peach Kernel Oil, 1-2% 'True Baked Apple Fragrance' (code 50-4810-0) and your desired amount of diluted green pigment to our Body Butter Base following the guide recipe.

## INGREDIENT INFORMATION

### **PEACH KERNEL OIL:**

Naturally rich in Vitamin A and E. Vitamin E is a powerful Antioxidant which is essential for the skin to prevent anti-ageing by free radicals. The Polyunsaturated Fatty Acids in Peach Kernel Oil naturally help maintain the elasticity of the skin.

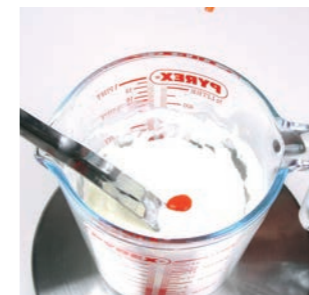


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# FRUITS RANGE



# Blood Orange Zest



Fragrance code 50-8177-0

## FORMULATION

Simply add 0.5% Tocopherol Acetate, 1-2% 'Fresh Elderberry Fragrance' (code 50-8177-0) and your desired amount of diluted yellow and red pigment to our Body Butter Base following the guide recipe.

## INGREDIENT INFORMATION

**TOCOPHEROL ACETATE:** Is used as an Antioxidant and more commonly known as Vitamin E. Vitamin E is believed to protect the skin from environmental pollution, is a moisturiser, protects and prevents the skin from premature ageing. It also aids the absorption of other ingredients into the skin.



# Lime & Coconut



Fragrance code 50-7750-0

## FORMULATION

Simply add 0.5% Lime Essential Oil, 1-2% Coconut Oil, 1-2% 'True Sparkle Fragrance' (code 50-7750-0) and your desired amount of diluted green pigment to our Body Butter Base following the guide recipe.

## INGREDIENT INFORMATION

### COCONUT OIL:

High in Vitamin E, Coconut Oil can be anti-ageing as Vitamin E is a powerful antioxidant. Vitamin E is also antiviral and antifungal. Coconut Oil is best known for being a natural moisturiser, restoring dry or flaky skin.





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# FOOT BUTTER





# Cucumber & Eucalyptus



## FORMULATION

Simply add 0.5% Eucalyptus Essential Oil, 1% Cucumber Oil, 1% Coconut Oil and your desired amount of diluted blue pigment to our Body Butter Base following the guide recipe.

## INGREDIENT INFORMATION

### **COCONUT OIL:**

High in Vitamin E, Coconut Oil can be anti-ageing as Vitamin E is a powerful antioxidant. Vitamin E is also antiviral and antifungal. Coconut Oil is best known for being a natural moisturiser, restoring dry or flaky skin.

### **CUCUMBER OIL:**

Cucumber Oil is known for its anti-inflammatory properties, and for its use in the relief of fungal infections such as Athlete's Foot.

### **EUCALYPTUS ESSENTIAL OIL:**

This amazing oil is most commonly used for first aid purposes such as the treatment of cuts and blisters with its natural antiseptic properties.



# Adina

Cosmetic Ingredients

## BUTTERS RANGE

- True Coconut - 50-4805-0
- True Honeyflower - 50-7773-0

## FLORAL RANGE

- True Lily Blossom - 50-6017-0
- True Ladies Blooms - 50-8288-0

## DESSERTS RANGE

- True Baked apple - 50-4810-0
- True Vanilla Queen oeko - 50-8182-0

## FRUITS CATEGORY

- True Sparkle - 50-7750-0
- True Fresh Elderberry - 50-8177-0

[COSMETICINGREDIENTS.CO.UK](http://COSMETICINGREDIENTS.CO.UK)



## Contact Us

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If you have a specific project, or would like more information about our Body Butters Range, please contact our Personal Care Team at:

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