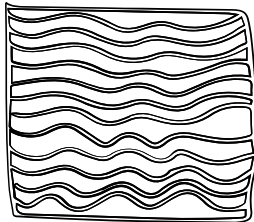


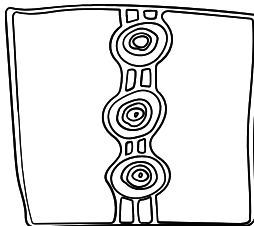
## Aboriginal Women's Health and Happiness Cloak

Possum skin cloaks have been made for thousands of years by Aboriginal Communities across South Eastern Australia. Today, continuing the practice of making and wearing possum skin cloaks has strengthened cultural identity and spiritual healing in Aboriginal Communities.

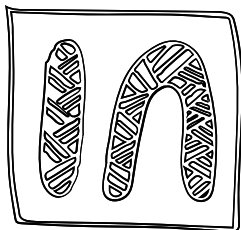
The Aboriginal Women's Health and Happiness Cloak uses traditional Aboriginal symbols that inspire Aboriginal women to harness their strengths and power and support one another in their life journeys.



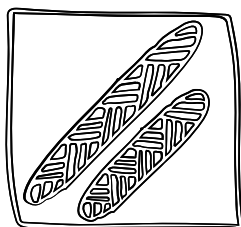
This possum skin pelt represents smoke and the sacred cleansing ceremonies. Smoking ceremonies allow us to take a moment to acknowledge grief and loss and help rest the spirits of loved ones. They are also used to acknowledge Country and traditional owners and their ancestors. Importantly, they can help rejuvenate and heal ourselves.



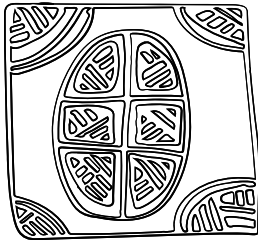
This possum skin pelt represents travelling and moving forward. The circles are camping sites, so we can remember to stop and connect our mobs and families, so we can travel strong together.



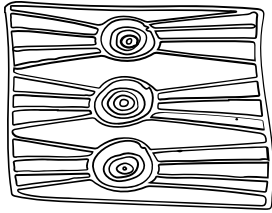
This possum skin pelt represents a woman with her digging stick. Aboriginal women are the matriarchs of our families and Communities and deserve to be respected and celebrated.



This possum skin pelt is of digging sticks. Digging sticks were traditionally used by Aboriginal women to dig for edible bush tucker. In women's ceremonies they are used as clapping sticks.



This possum skin pelt is a shield. It represents women's power and protection.



This possum skin pelt is of meeting places and represents social connection. Meeting places are where people meet, gather around and help build relationships.