

How you take care of the procedure area during the healing period will ultimately determine the final appearance and longevity of your tattoo

Please follow these instructions carefully for the best results:

AREOLA RESTORATION + SCAR REVISION

- Once your service is complete, your Areola Restoration Specialist will place a gel pad on the area to absorb any blood or secretion from the area.
- Be sure to remove your gel pad (washing your hands before removing) within 1-2 hours of your session.
- After removing the gel pad, take a warm, damp cotton pad (with most of the water removed) and gently clean the area to remove the blood and extra secretion. Dry the procedure area by blotting the skin very gently with a paper towel or clean towel and, if possible, continue to air dry until tattoo feels slightly tight (15-minutes).
- Wear loose clothing in that area for the first 12-24 hours. Make sure not to wear a bra or a tight-fitting top during this period.
- After 8 hours, begin applying a small amount of ointment to the area. Apply a thin coat of the aftercare gel (Cicaplast or Cicabio) and re-bandage with a non-stick (telfa) pad whenever wearing tight clothing directly over tattoo area (such as a bra) or if you will be sleeping directly on the tattoo area. While your tattoo is covered, it is healing at a much slower rate; so, whenever possible, expose to air or cover with soft, loose-fitting clothing. We recommend that you sleep in your bra to help hold the pads in place and protect the tattoo. Please keep in mind that you should not bandage with gauze or any other absorbent material as the tattoo will heal into the bandage and result in an extremely uncomfortable removal process. Removal of the bandage in these cases would also result in unintentional pigment removal.
- Continue applying aftercare gel for up to 5-days or until the scabs have fallen off.
- Do not shower or have direct water contact in that area for 24-48 hours
- Throughout the healing process, you will need to keep the procedure area away from all sun exposure, pools and saunas. Heavy sweating can also alter the tattoo results so please make note of this if you are someone who frequently perspires, or you have a strict workout regime.



SCALP MICROPIGMENTATION (SMP)

The healing period referred to below is 7-10 days post-session:

- Apply the given aftercare balm once a day to encourage healing and create a barrier.
- Do not shampoo the scalp for 48-hours. Do not scrub or shave the area during the healing period
- Pools, saunas, hot yoga, tanning, spray tanning, excess sweating and facials must be avoided during the healing period.
- After the healing process, applying sunscreen daily is recommended to protect the procedure area from fading or discolouring (SPF 50 is recommended). A hat is recommended during long periods of sun-exposure to protect against fading and general sun damage.
- Flaking and/or crusting may occur as the skin heals. Picking or peeling at the procedure area may cause loss of pigment and scarring. Refrain from touching the procedure area, except when applying the aftercare balm.
- No hair dye or hair colouring treatments for 30-days post-session.

MICROPIGMENTATION LIP BLUSH

- Day 1: Before bed, if the lips still have some dry lymph, rinse with lukewarm water, gently removing the dry lymph. Pat dry and apply the aftercare gel. Sometimes, lips may bruise after the procedure. Bruising will subside within 24-hours post-procedure.
- Days 2-7: The Lips may be swollen the second day as well. Please do not ice the lips. Keep the skin moist at all times, do not let the lips dry out. Continue to apply aftercare gel every 30-minutes throughout the area to keep the lips hydrated.
- During Day 1 to Day 7 please avoid: Water (on the area, aside from when cleaning them), makeup of any kind, swimming, saunas, hot yoga, tanning, spray tans, excess sweating, facials, spicy food, kissing or any activity requiring excessive pressure on the area.
- Do not pick at the lips, or any scabbing that may be present. Do not apply Vaseline, antibiotic creams, Polysporin at any time during the healing period. Do not apply creams or serums containing acids, lightening ingredients, or exfoliants.
- After the procedure area heals, a touch-up appointment will be needed. Your touch up should be booked for 8-weeks after your initial appointment to ensure full colour bloom is achieved.

If you have any questions or concerns, please email us at info@browsbyg.com or give us a call during studio hours at (204) 488-BROW.

