

The background of the entire page is a dark gray topographic map with white contour lines. The lines are irregular and wavy, creating a complex, maze-like pattern. A solid gray rectangular box is positioned in the lower right quadrant of the page, containing the title text.

BOOK OF TRAINING & DRILLS

WARM UP DRILLS

15 MINUTES

RIFLE: 1 SHOT - RELOAD - 1 SHOT

10 ROUNDS

RIFLE/PISTOL: 1 SHOT RIFLE - DRAW PISTOL 1 SHOT

10 ROUNDS OF RIFLE

10 ROUNDS OF PISTOL

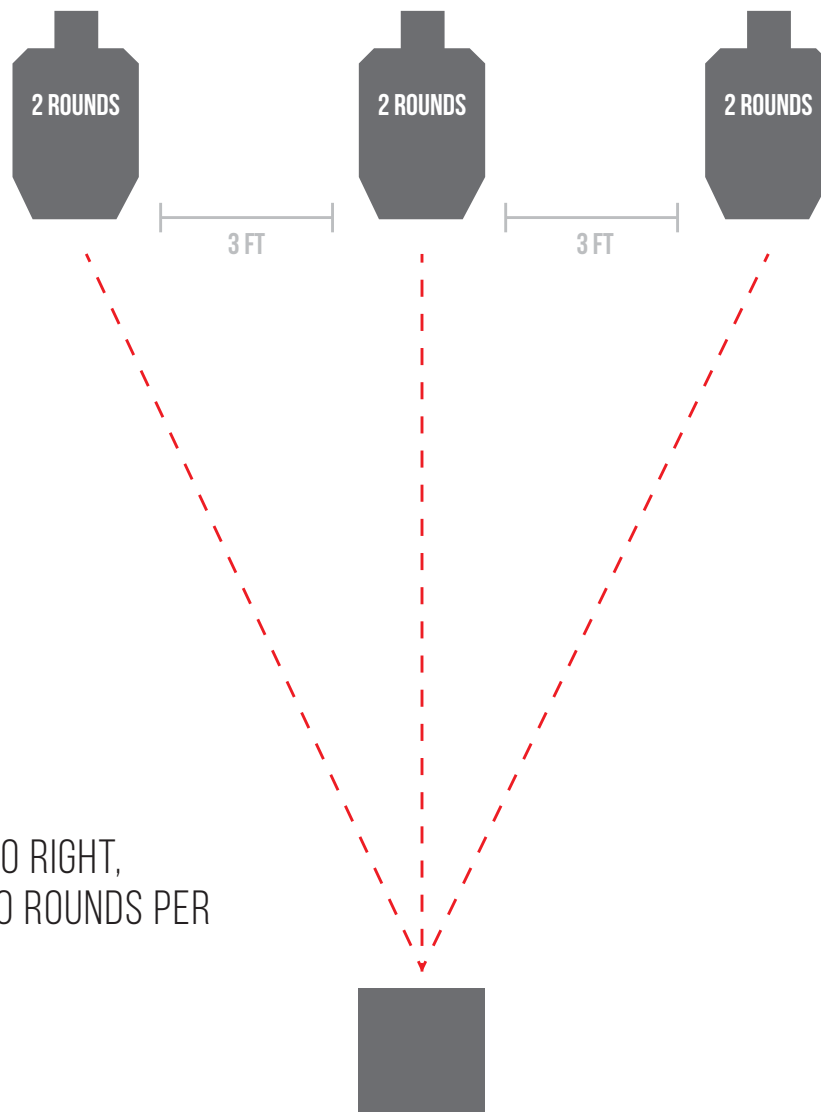
RIFLE: 5 SHOT - RELOAD - 1 SHOT

30 ROUNDS

PISTOL: 3 SHOT - RELOAD - 1 SHOT

30 ROUNDS

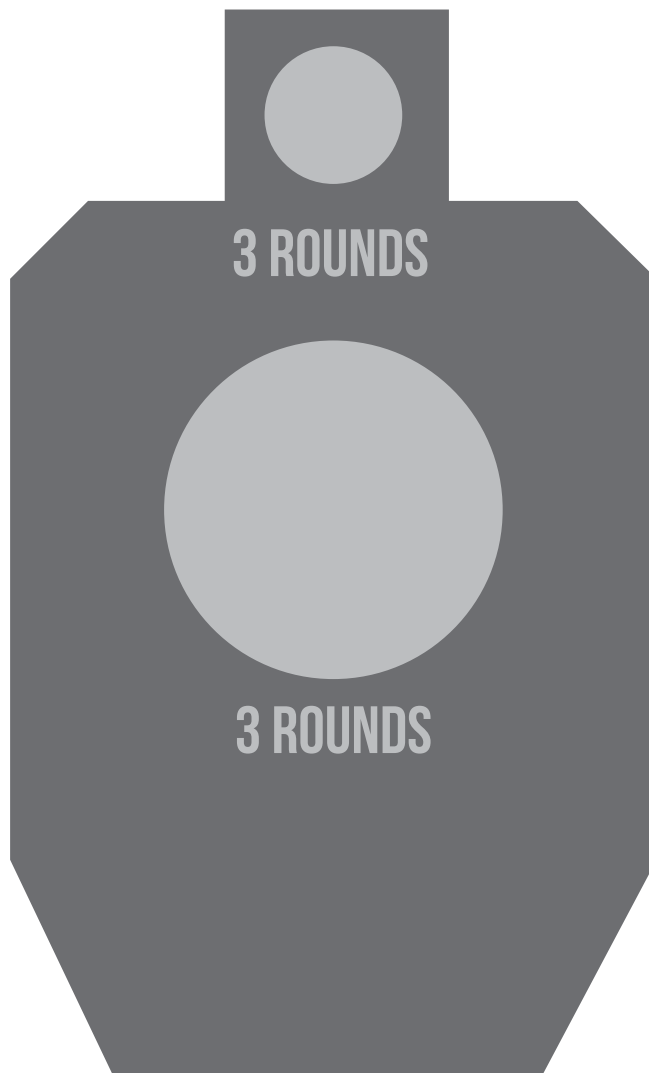
EL PRESIDENTE DRILL



START FROM LEFT TO RIGHT,
OR VISE VERSA. TWO ROUNDS PER
TARGET.

**2 ROUNDS PER TARGET
TARGETS 3 FT APART
MINIMUM 24 ROUNDS
AT LEAST 3 YARDS FROM TARGET**

THROTTLE CONTROL DRILL



**3 ROUNDS PER HIT BOX
MINIMUM 30 ROUNDS
AT LEAST 3 YARDS FROM TARGET**

FORWARD ADVANCE DRILL



MOVE AND SHOOT. FIRE 5 ROUNDS TOTAL FROM START TO SAFE ZONE WHILE ADVANCING.

ENDING FIRING POSITION

STARTING FIRING POSITION

**5 ROUNDS WHILE ADVANCING
ONE TARGET
MINIMUM 20 ROUNDS
AT LEAST 15 YARDS FROM TARGET**

RETREATING DRILL



FIRST FIRING POSITION



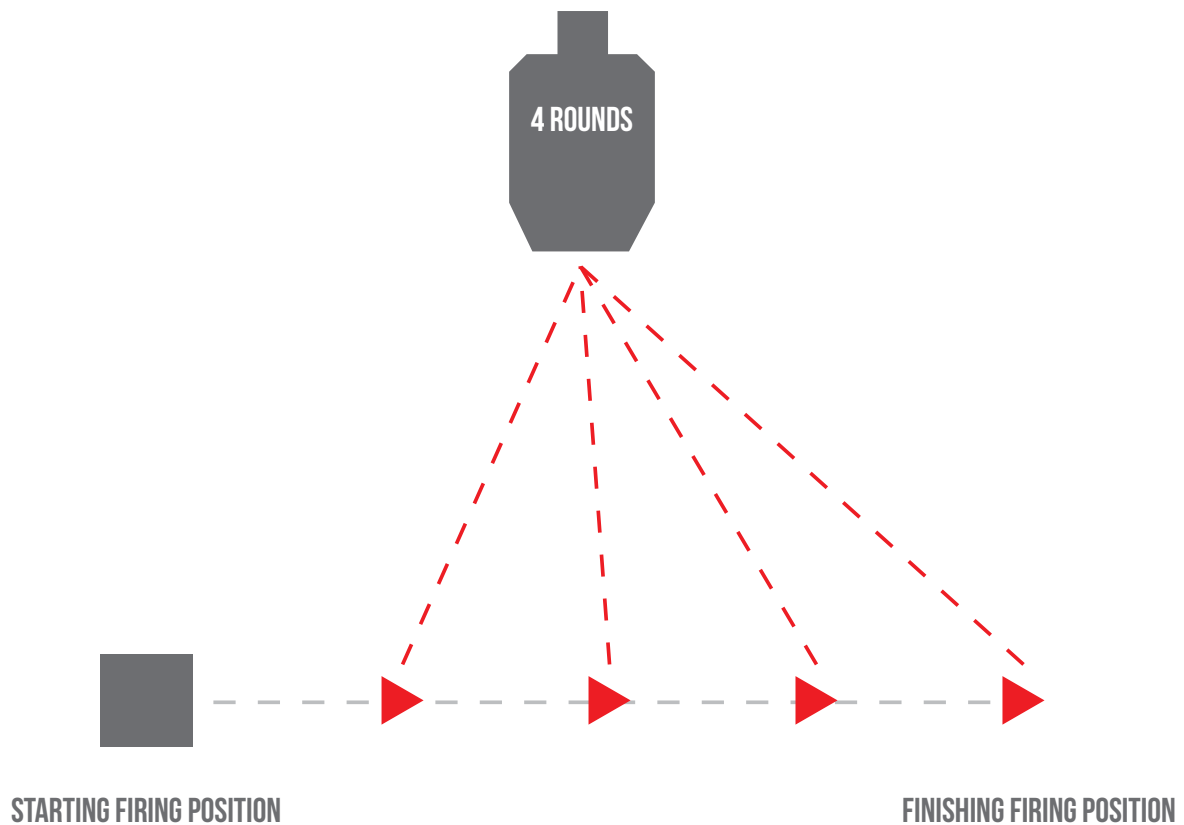
SECOND FIRING POSITION

MOVE AND SHOOT. FIRE 2 ROUNDS FROM SAFE STARTING POSITION, RETREAT TO FALL BACK POSITION AND FIRE 2 ROUNDS.



**2 ROUNDS WHILE RETREATING
ONE TARGET
MINIMUM 10 ROUNDS
AT LEAST 15 YARDS FROM TARGET**

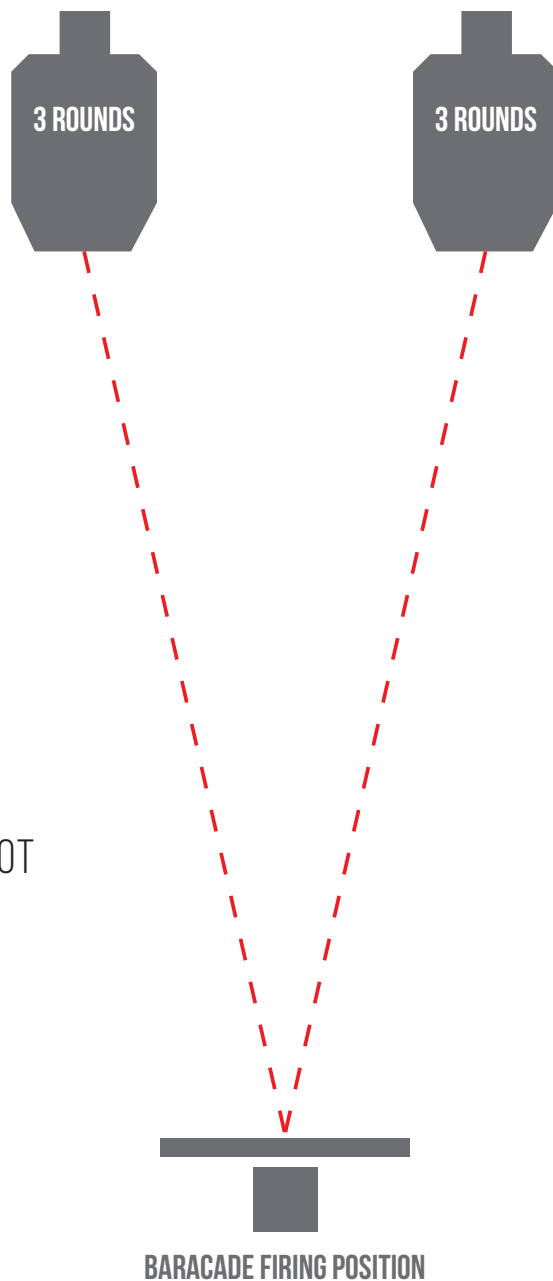
LATERAL MOVE DRILL



MOVE AND SHOOT. FIRE 2 ROUNDS FROM SAFE STARTING POSITION, RETREAT TO FALL BACK POSITION AND FIRE 2 ROUNDS.

**4 ROUNDS WHILE MOVING
ONE TARGET
MINIMUM 20 ROUNDS
AT LEAST 15 YARDS FROM TARGET**

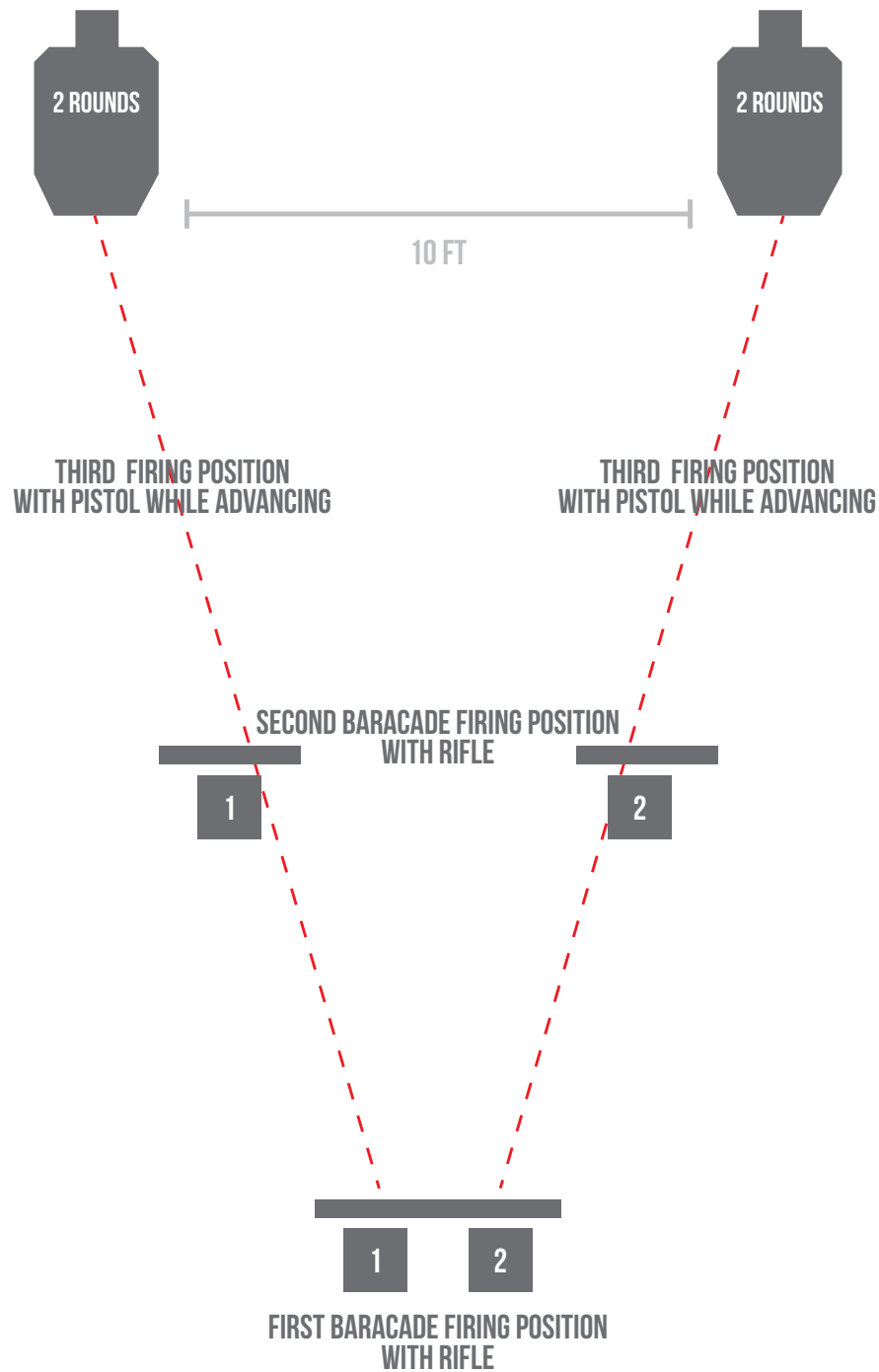
BARRICADE DRILL



FIRING FROM BARRICADE. SHOOT
3 ROUNDS INTO EACH TARGET
WITH A RELOAD FROM COVER.

**3 ROUNDS WHILE UNDER CONCEALMENT
TWO TARGET
MINIMUM 30 ROUNDS
AT LEAST 15 YARDS FROM TARGET**

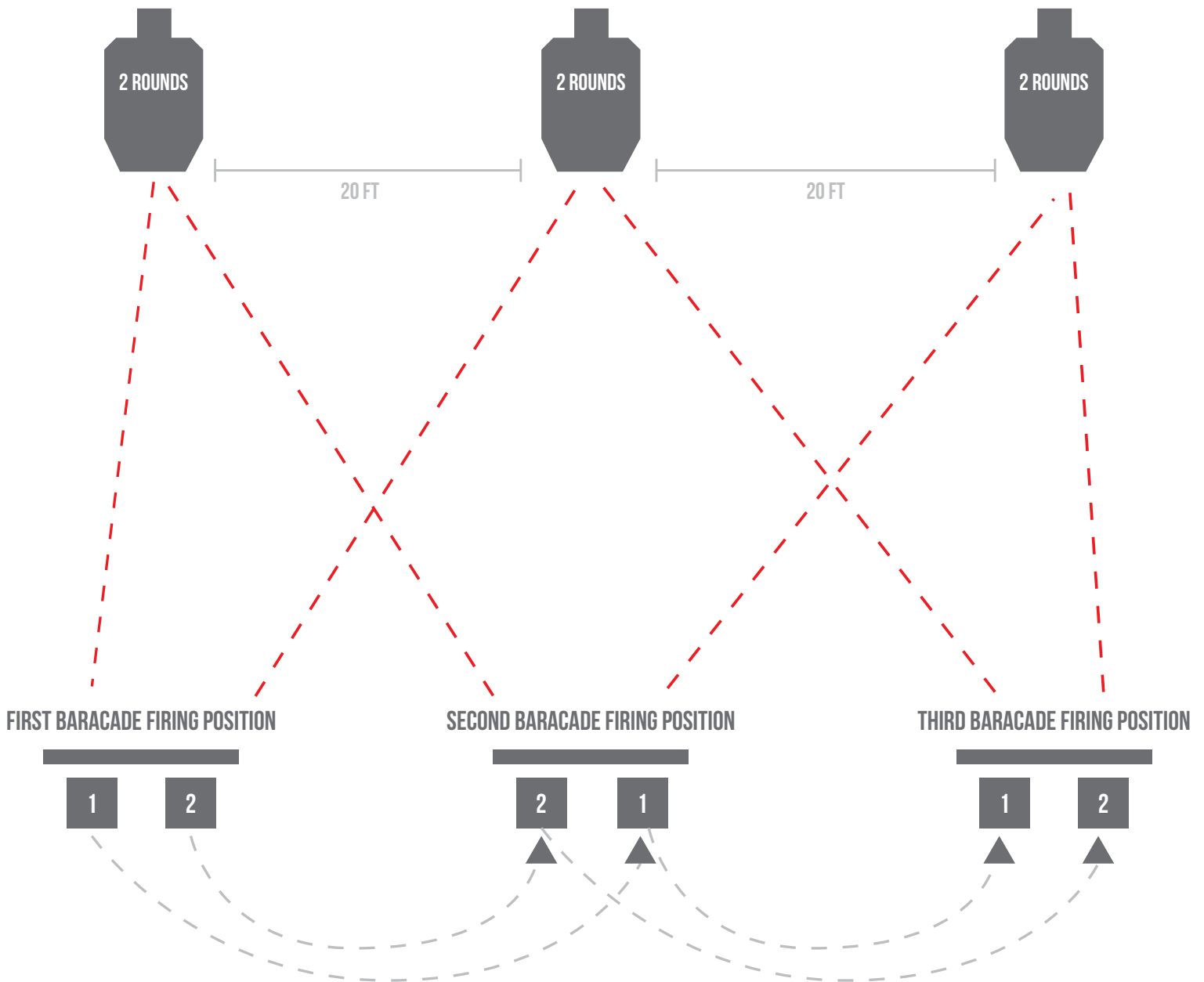
BOUNDING DRILL



TWO SHOOTERS. COMMUNICATE BETWEEN BOTH SHOOTERS. SHOOTER #1 MOVES FIRST, SHOOTER #2 CONFIRMS AND VISE VERSA.

**2 ROUNDS PER TARGET PER POSITION
TARGETS 6 FT APART
MINIMUM 24 ROUNDS
AT LEAST 20 YARDS FROM TARGET**

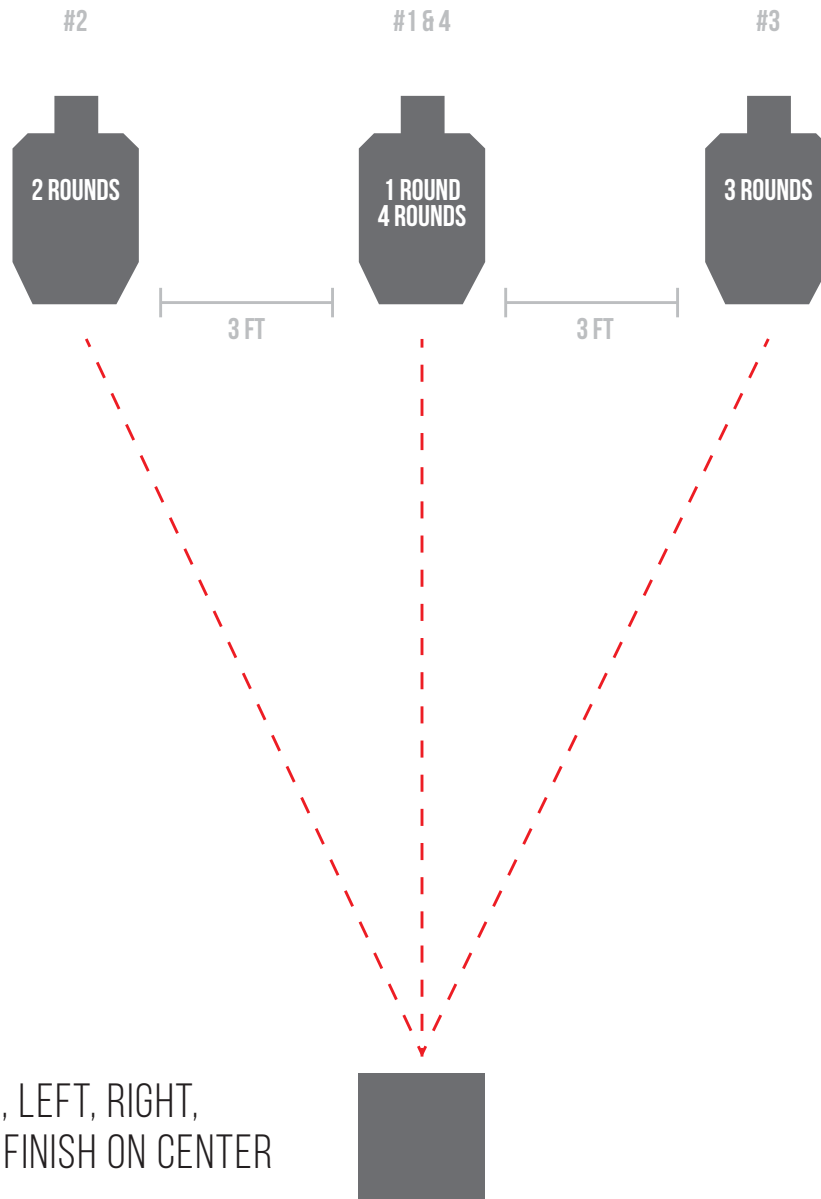
LEAP FROG DRILL



TWO SHOOTERS. COMMUNICATE BETWEEN BOTH SHOOTERS. SHOOTER #1 MOVES FIRST, SHOOTER #2 CONFIRMS AND VISE VERSA.

2 ROUNDS PER TARGET PER POSITION
TARGETS 20 FT APART
MINIMUM 24 ROUNDS
AT LEAST 20 YARDS FROM TARGET

1-2-3-4 DRILL



**10 ROUNDS TOTAL
TARGETS 3 FT APART
MINIMUM 20 ROUNDS
AT LEAST 3 YARDS FROM TARGET**

HIP FIRE DRILL



FIRST FIRING POSITION



SECOND FIRING POSITION



DRAW FROM CONCEALMENT. FIRE 1 ROUND HIP AT STARTING POSITION, RETREAT TO FALL BACK POSITION AND FIRE 2 ROUNDS.

**1 ROUND FIRED FROM HIP, 2 ROUNDS FIRE WHILE RETREATING
ONE TARGET
MINIMUM 12 ROUNDS
AT LEAST 1 YARD FROM TARGET**