

Activity Study:
Great Empires
Scope and Sequence

Grades: 3rd – 8th

The *Great Empires Activity Study* offers a hands-on view of fourteen different nations throughout history, from ancient and modern, tracing the history of each as they rise and fall to power. The study consists of a series of text lessons supported by independent projects specifically belonging to each nation being studied. Students investigate the different cultures and famous people from each empire through the text lessons, cultural projects, mapping projects, and recipes. *Great Empires* is designed to teach students through kinesthetic means, utilizing the senses and motor skills. Where younger students may need more guidance and assistance with the projects, older students should be able to handle the majority of the Activity Study independently. Finally, there is an additional resource list and ideas for Internet searches provided with each lesson to add to the study if desired.

Key:

- Italics indicates text to read in the study

I. History / Social Studies (Cultural Studies)

a. Ancient Egypt

- i. Make a Cartouche
- ii. Let's Cook Egyptian recipes
 1. Egyptian Fig Cookies
 2. Lemon & Garlic Potato Salad

b. Ancient Greece

- i. Paint Greek Pottery
- ii. Compare and Contrast: Athens vs. Sparta
- iii. Design a Greek Shield
- iv. Let's Cook Greek recipes
 1. Hummus
 2. Spanikopita

c. Ancient Rome

- i. People of Impact on Rome's History
- ii. Create a Fresco
- iii. Let's Cook Italian
 1. Frittata
 2. Panettone

d. Ancient China

- i. Chinese Proverbs
- ii. "Ancient China" Booklet
- iii. Let's Cook Chinese
 1. Egg Drop Soup
 2. Spring Rolls

e. Arab-Muslim Empire

- i. Arab-Muslim Peoples
- ii. Let's Cook Arabian
 1. Jalik (Cucumber Soup)
 2. Tabouleh (Cracked Wheat Salad)

- f. *Mongolian Empire*
 - i. Two Leaders of Mongolia's History
 - 1. Genghis Khan
 - 2. Kublai Khan
 - ii. Mongolian Invasions
 - iii. Let's Cook Mongolian
 - 1. Mongolian Beef
 - 2. Mongolian Rice Pudding
- g. *Viking Empire*
 - i. Making Viking Coins
 - ii. The Viking Longboat
 - iii. Let's Cook Viking Style
 - 1. Beef Stew
 - 2. Barley Flatbread
- h. *Spanish Empire*
 - i. The History of Spain in Pictures
 - ii. Let's Cook Spanish
 - 1. Tapas (Finger Foods) Garlic Shrimp
 - 2. Empanadas
- i. *French Empire*
 - i. Important Moments in France's History
 - ii. The French Revolution
 - iii. Let's Cook French
 - 1. French Onion Soup
 - 2. Quiche Lorraine
- j. *English Empire*
 - i. Who's Who in English History
 - ii. Let's Cook English
 - 1. Traditional Scones
 - 2. Bubble-and-Squeak
- k. *German Empire*
 - i. Influences in German History
 - ii. Let's Cook German
 - 1. German Spaetzle Dumplings
 - 2. German Potato Salad
- l. *Japanese Empire*
 - i. Kirigami
 - ii. Feudal Japan
 - iii. Let's Cook Japanese
 - 1. Japanese Drumsticks
 - 2. Japanese Cabbage Salad
- m. *Russian Empire*
 - i. Matryoshka Dolls (Russian Nesting Dolls)
 - ii. Let's Cook Russian
 - 1. Beef Stroganoff
 - 2. Russian Spice Tea
- n. *Unites States of America*
 - i. Yankee Doodle "Dandyland" game
 - ii. Let's Cook American
 - 1. All-American Apple Pie
 - 2. The Best Chili-Cheese Dog
- o. Timeline of the Great Empires

II. Geography

- a. Mapping Ancient Egypt
- b. Mapping Ancient Greece
- c. Mapping Ancient Rome
- d. Mapping Ancient China
- e. Mapping the Arab-Muslim Empire from 632-750 AD
- f. Mapping the Mongolian Empire
- g. Mapping Leif Eriksson's Voyage to Vinland
- h. Mapping Spain
- i. Mapping France
- j. Important Moments in France's History
- k. Mapping England
- l. Mapping Imperial Germany
- m. Mapping Japan
- n. Mapping Russia
- o. Mapping the United States
- p. World Map (For students to display how an empire expanded its territory around the world)

III. Language

- a. Creative Writing
 - i. Chinese Proverbs
 - ii. Mongolian Invasions

IV. Art

- a. Creating and Assembling the Lap Book