

## Easy Crockpot Curried Chicken Thighs

*This is a simple, inexpensive dish to throw together in the crockpot and forget about until suppertime. Serve over a bed of rice, add a salad, and you're all set!*

3 lbs. boneless, skinless, chicken thighs	2 tsp. salt
1 can coconut milk (13.5 oz.)	3 Tbs. curry powder
2 Tbs. sugar (or honey)	1 16 oz. bag frozen peas
2-1/2 Tbs. prepared mustard	1 sweet onion, chopped

Combine all ingredients except chicken, peas, and onion in the crockpot and stir to blend. Add in the chicken and vegetables and set on low for 6-8 hours, or until chicken is cooked and tender. Serves 6.