



# Ziggurat Immersion

## With Åsa Söderman of Åsa Tricosa

May 14 – 16, 2023

An exciting 8+hr workshop for knitters wanting  
to learn the Ziggurat method and approach

Three Days, Two Nights, All-Inclusive



Åsa Söderman of Åsa Tricosa



Ziggurat Method

**At a Micro Yarn Mill on Beautiful Block Island!**



# Block Island & North Light Fibers

Block Island is a beautiful destination with a Micro Yarn Mill, gorgeous beaches, great food, nature walks, and time to relax. Come visit the ultimate knitting destination.



# Ziggurat Immersion

## Retreat Overview



We practice the Ziggurat steps & techniques.

Choose to complete the mini workshop-sized Ziggurat we cast on to learn the steps – or – start your own adult-sized Ziggurat. You will walk away with the skills and techniques you need to navigate any Ziggurat pattern.

Find out where and how to pick up stitches for beautiful sleeve caps, master at least one short row method, learn the perfect neck cast on, directional increases, get acquainted with the handy Helpful Table – and learn to think differently about how to choose the correct sweater size.

Acquire or finesse some precise and detailed techniques that allow you to knit with abandon. Åsa will guide you through each step and technique at your own pace, and you are invited to ask as many questions as many times over as you wish or need.

This workshop is aimed at beginning Ziggurat knitters or want to sharpen their skills. A Ziggurat Masterclass is also offered at the end of this week if you want to stay the week.



# Workshop Plan

## Beginning

- Showcase of Ziggurats and general overview of the technique and what we will accomplish together
- Cast on Zigguratlettissimo – our workshop mini Ziggurat
- German short rows
- How & exactly where to pick up stitches to create a beautiful faux seam shoulder cap
- Overview & breezy guidance through the Helpful Table
- A special edition of the crochet cast on for a perfect neckline (and underarm cast on)
- Directional increases (M1L/M1R & Backward and Forward Loop)
- Where to place Ziggurat increases
- Brief overview of the Helpful Table



## Middle

- Brief overview of the Ziggurat method and its variants
- How to choose size
- Helpful Table again (a tool in all Ziggurat patterns): tips on how to customize Ziggurat patterns to your liking for a sweater that fits your body
- Start your own Ziggurat sweater or cardigan (if you wish)
- Personal guidance through each step
- Optional technique mini sessions:
  - Provisional winding cast on
  - SSK & SSP



## End

- Personal guidance continues
- Cuff/hem/collar considerations
- Optional technique mini sessions:
  - KSK edging
  - Åsa's favorite built-in button-band and buttonhole
- Personal guidance and lingering questions

# The Retreat Schedule (Tentative)

## Sunday – May 14

- Arrive on a morning ferry (Please contact us if you want to come in early)
- Check into Hotel – Drop off luggage
- Workshop I: 1:30 – 4:00
- Store Hours: Open to 5:00
- Wine & Nibbles – 4:30
- Gourmet Dinner



## Monday – May 15

- Bird Banding (subject to weather)
- Breakfast
- Store Hours: 10:00 – 5:00
- Workshop II: 9:00 – 12:30
- Lunch
- Island Activities – 2:00 – 5:00
  - Nature walk with The Nature Conservancy, SE lighthouse tour, etc.
  - Explore the island, shop downtown, rent a bike
  - Relax, knit, shop, enjoy
- Wine & Nibbles
- Gourmet Dinner

## Tuesday – May 16

- Breakfast
- Store Hours: 10:00 – 4:00
- Workshop IV: 9:00 – 11:00
- Lunch
- Free afternoon to enjoy, knit, and explore
- Depart on the ferry - Current schedule: 3:00 or 5:00

# 2023 Block Island Knitting Retreat With Åsa Tricosa - Details



The 3-day/2-night event is all-inclusive – we take care of everything! All you need to do is to get to the ferry (Pt. Judith, RI). Once there, we coordinate all the delicious meals, great rooms, special island activities, tours, etc. Oh, and yes, a fantastic knitting workshop!

Please let us know of any allergies or special needs. Walking shoes are recommended so you can enjoy the whole island and there is walking during the retreat between buildings.

There will be a maximum of 15 knitters in the workshop and all the hotel rooms are around the 1661 and the mill. You are able to place your reservation on our website – included are links to the rooms via the 1661 hotel and you can directly reserve the room you want! We have three tiers of retreat packages:

- Adrian Room: \$1,975 all inclusive
- Luxury Rooms: \$1,775 all inclusive
- Premium Rooms: \$1,525 all inclusive
- Companions: \$575 all inclusive

Call with questions but the Luxury rooms have ocean views and other amenities like a deck and extra space. The premium rooms are large and lovely, just not an ocean view. All rooms are on the 1661 property.

**What to bring/wear** – Block Island is a very relaxed and informal destination. We recommend bringing walking shoes and attire for enjoying the trails, beaches and farm.

**Yarn for preparation work is supplied by North Light Fibers!** We will mail everything in advance so all you need to bring are needles and notions!

**Companions are encouraged** - We usually have 4 or 5 non-knitters join our retreat which is a lot of fun as they participate in all the activities, tours and meals.

**Health and Safety** – It has been great to get everyone back and we are thrilled for 2023. To ensure a healthy environment and reduce anxiety, we are requiring that all attendees be vaccinated and be ready to follow the CDC/State/North Light Fibers' guidelines. We do not anticipate any unique conditions and we thank you for your understanding.

**Space is limited** so please sign up early - the retreat will be capped to have 15 knitters and reservations are accepted on a first come, first served basis. All cancellations must be made by February 1, 2023 for a partial refund and must be received in writing. No refunds will be issued after March 1, 2023.

**Travel.** Please plan to arrive on the island early Sunday as the workshops begin that day.

Please direct correspondence to: Sven Risom at [sven@northlightfibers.com](mailto:sven@northlightfibers.com)

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