

## Which Screen & Knob to Use

The Greenstar offers versatile capability with different types of screens & knobs you can choose from.

Part	What's it for?	Ingredients	Result
Fine Screen	Juices without pulp This is the most commonly used screen when making fruit & vegetable juices or plant-based milks.	<ul> <li>Fruits apples, citruses, pineapples</li> <li>Soft vegetables cucumbers, tomatoes</li> <li>Hard roots carrots, beets, ginger</li> <li>Leafy greens kale spinach romaine</li> </ul>	Minimal pulp Smooth tasting without the fibrous material from your produce.
Coarse Screen	Juices with some pulp The larger holes on the coarse screen allow some of the pulp to seep through into your juice.	<ul> <li>kale, spinach, romaine</li> <li>Grasses &amp; herbs wheatgrass, parsley, mint</li> <li>Fibrous stalks celery</li> <li>Nuts &amp; seeds soaked almonds, pumpkin seeds</li> </ul>	Some pulp Thicker texture with both the juice and pulp.
Open Homogenizing Blank	<b>Basic food processing</b> Pâtés, mock meats, purées, baby food, raw pie crusts, sorbets, nut butters	<ul> <li>Soft fruits bananas, papaya, coconut</li> <li>Frozen fruits mangoes, pineapples, bananas</li> <li>Vegetables steamed potatoes, carrots, garlic, bell peppers, tomatoes</li> </ul>	Coarse consistency Food ejects through the juice outlet underneath.
Closed Homogenizing Blank	<b>Extra food processing</b> Raw breadsticks, pastas, mochi, sorbets, nut butters, sauces, cremes Remove knob.	<ul> <li>Herbs         <ul> <li>basil, cilantro parsley</li> <li>Nuts &amp; seeds                  soaked almonds, pumpkin seeds</li> <li>Oils                 olive oil</li> </ul> </li> </ul>	Smoother consistency Food ejects through the pulp outlet at the front.
Juicing Knob	<ul> <li>Adjusts amount of pulp</li> <li>Tighten for maximum juice from firmer produce.</li> <li>Loosen for easy pulp ejection from softer produce.</li> <li>Tighten all the way when using Homogenizing Blank.</li> </ul>	<ul> <li>Fruits         <ul> <li>apples, citruses, pineapples</li> <li>Vegetables</li></ul></li></ul>	Extracted ingredients eject through the juice outlet underneath.
Breadstick Knob	Creates smoother consistency Raw breadsticks, pastas, mochi Use with the Closed Homogenizing Blank.	<ul> <li>Soaked sprouted grains rice, oats, quinoa, buckwheat</li> <li>Dough premade dough</li> </ul>	Extracted ingredients are pushed through the pulp outlet in a tube shape.