



INSTRUCTIONS FOR USE & GARMENT CARE INSTRUCTIONS

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GARMENT CARE INSTRUCTIONS



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Intended Use Statement

Marena® compression products are intended for use to support and compress an area of the patient's body after the following surgeries.

1. Surgical procedures for the breasts, including:
 - a. Breast augmentation
 - b. Breast reduction
 - c. Breast reconstruction
 - d. Mastectomy
 - e. Mastopexy (breast lift)
2. Liposuction
3. Lipoplasty
4. Lipoinjection
5. Brachioplasty
6. Abdominoplasty
7. Abdominal surgeries, including
 - a. Hysterectomy
 - b. Appendectomy
 - c. Caesarian section
8. Gynecomastia
9. Facial and oral/maxillofacial surgeries

Contraindications:

Not to be used if patient is sensitive to Tactel Nylon™ or Lycra™

General warnings and precautions:

Follow the instructions of the healthcare provider for measurement, sizing and wearing. Excessive compression can lead to skin necrosis and can be a contributing factor to deep vein thrombosis.

Instructions for Use:

Garment is applied directly to patient following surgery. Garment is generally worn continuously for several weeks as directed by physician. Everyone experiences the feeling of compression differently, but in general, compression should not be the cause of pain. Your garment should fit snug, but you should be able to slip a finger under the fabric. For comfort and hygiene, it is recommended that the patient be supplied with at least two garments.

Marena Recovery garments are designed for comfort. See instructions below:

- Exercise caution with sharp fingernails as to not puncture the fabric.
- Position the garment so that inner size label is in the back and on the inside of the garment
- Open zippers and /or the hook and eye adjusters on the front
- Set shoulder straps to middle setting
- Fabric 51% Tactel® Nylon, 49% Lycra®

If a body suit, shirt or legging, step into the garment one leg at a time. Gently pull up the garment to the body. Align the crotch opening as you pull the garment up. Close the hooks one by one and/or zip up the zipper until the garment is fully in place, as applicable. Last step is to pull up and adjust the shoulder straps.

If a bra or vest, slide each arm into the arm holes or sleeves. Close the hook and eyes and/ or zipper in front, use the middle row or the most comfortable setting to start. You can adjust to find the most comfortable position. After adjusting the front close, adjust the shoulder straps to be even and the most comfortable position.

If a facemask, place chin in the chin cup (located with the vertical seam). Close the hook-and-loop closure over the head about 2" behind the forehead. Close the hook-and-loop closure behind the neck.

If an arm or calf sleeve, open the garment at the widest part and pull open to slide in your foot or hand. Gently pull up the arm or calf and ensure sleeve is smooth and evenly stretched on the limb.

Washing instructions:

Wash inside out with like colors. Do not use fabric softener or bleach. Do not dry clean or iron.

Storage instructions:

Avoid excessive heat, cold or moisture. Store away from atmospheric contaminants such as gases from internal combustion engines. Store protected from sunlight.

Recommended storage conditions are 4-29 °C (40-85 °F).

Notice to the user and/or patient:

If any serious incident occurs in relation to the device, the incident should be reported to the manufacturer and the competent authority of the EU Member State in which the user and/or patient is located.

To see our Return Policy, please visit www.marena.com or call +1-888-462-7362.

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