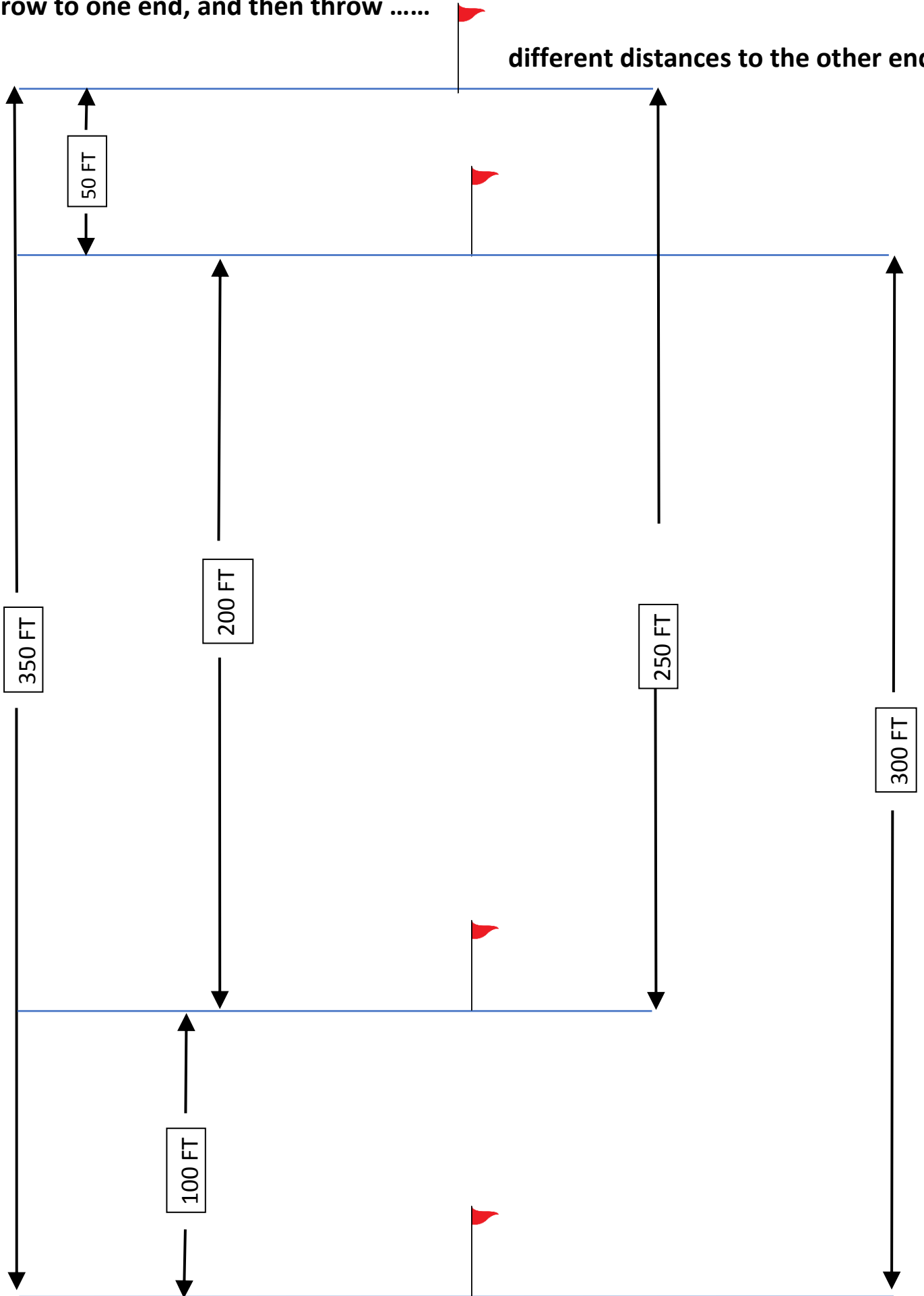


Throw to one end, and then throw

different distances to the other end.



Practice throwing GAPS

Set double poles with 20FT, 15FT, & 10FT gaps

Put double poles close to the tee, then 50FT off the tee, then 100FT

