



# SIZE CHART

## Wrestling Singlets

SIZE	YXS	YS	YM	YL	YXL	XS	S	M	L	XL	2XL	3XL
1/2 Chest Measurement (Inches)	9.5	10.5	11.5	13.0	14.5	13.5	14.5	15.5	16.5	18.5	20.5	22.5
Side Seam Length (Inches)	16.5	17.3	18.0	18.8	19.5	21.5	22.0	22.5	23.0	23.5	24.0	24.5
Inseam (Inches)	4.7	5.1	5.5	5.9	6.1	7.3	7.6	8.0	8.4	8.8	9.2	9.6

## Wrestling Compression Shirt

SIZE	YXS	YS	YM	YL	YXL	S	M	L	XL	2XL	3XL
1/2 Chest Measurement (Inches)	12.0	13.0	14.0	15.0	16.0	15.0	16.5	18.0	19.5	21.0	22.5
Body Length (Inches)	17.0	18.5	20.0	21.5	23.0	25.0	25.5	26.0	26.5	27.0	27.5

## Wrestling/Fight Shorts

SIZE	YXS	YS	YM	YL	YXL	XS	S	M	L	XL	2XL	3XL
1/2 Waist Measurement (Inches)	8.6	9.6	10.6	11.6	12.6	11.1	12.0	13.0	15.0	15.7	16.5	17.3
Inseam (Inches)	6.0	6.0	6.0	6.5	6.5	7.0	7.0	7.0	7.0	7.0	7.0	7.0
Outseam (Inches)	14.0	14.4	15.0	16.0	16.5	16.3	16.9	17.5	18.0	18.5	19.0	19.5

## Warmup Jackets

SIZE	YXS	YS	YM	YL	YXL	S	M	L	XL	2XL	3XL	4XL	5XL
1/2 Chest Measurement (Inches)	15.7	16.5	17.3	18.1	20.1	22.0	23.0	24.0	25.2	26.0	27.2	28.5	30.0
Body Length (Inches)	16.1	18.1	20.5	22.0	25.6	26.0	27.0	27.6	28.5	29.3	29.9	31.1	32.0

## Warmup Pants

SIZE	YXS	YS	YM	YL	YXL	S	M	L	XL	2XL	3XL	4XL	5XL
1/2 Waist Measurement (Inches)	10	10.5	11.0	12.0	12.5	13.0	13.8	14.6	15.2	15.9	16.5	16.9	17.5
Inseam (Inches)	20.7	22.2	23.8	25.4	27.0	28.5	28.9	29.7	30.1	30.5	31.1	31.5	31.9
Outseam (Inches)	29.5	31.5	33.5	35.4	37.4	40.6	41.3	42.5	43.3	44.1	44.9	45.7	46.5

*Inseams can be customized in 1" increments*

Above measurements are actual Jersey/Singlet and Short/Pants Measurements with standard manufacturing tolerances allowed

To Measure Chest: Jersey/Singlet laid flat with no wrinkles. Measurement taken from 1" below arm hole across chest.

To Measure Body Length: Jersey laid flat with no wrinkles. Measurement taken from Center Back at Neck Stitch line to bottom Hem.

To Measure Side Seam Length: Singlet laid flat with no wrinkles. Measurement taken from bottom of armhole down to bottom of singlet.

To Measure Waist: Shorts/Pants laid flat with no wrinkles. Measurement is taken with Waistband relaxed and measured from side to side at waist.

To Measure Inseam: Shorts/Pants/Singlets laid flat with no wrinkles. Measurement is taken from crotch seam down to bottom hem.

To Measure Outseam: Shorts/Pants/Singlets laid flat with no wrinkles. Measurement is taken from top of waistband down to bottom hem.