Agenda

Sorghum 4S: Seed, Stalk, Sap & Syrup

- Seed—Which Sorghum
- Stalk—Planting and Care
- Sap—Squeezing the Juice
- Syrup—Making Syrup

Go Do It!
Squeeze
Boil

Short
- Slide
Show

Great Lakes Staple Seeds

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Ortonville MI

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Seeds

There are 4 Types of Sorghum:

Grain sorghum seeds make nutritious porridge, pancakes, and alcohol.

Grass sorghum is grown for animal forage.

Broomcorn sorghum is used for making brooms.

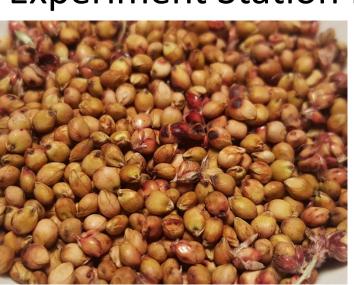
Sweet sorghum is grown for syrup and silage.

Seeds

Sorghum is a versatile crop and is historically grown as a sweetener, especially during times of economic hardship.

Rox Orange is a robust <u>regional</u> variety developed by the Wisconsin Agricultural Experiment Station for

syrup





Grown like corn:

- Direct seed sorghum 1 inch deep in early June when the soil temperature is above 65 degrees.
- Thin to 2 to 3 plants per foot.
- Can be planted in a long single row, or, as a block. If a block, 2 to 3 ft between rows as spindly plants will get blown over!
- It takes ~10 gallons of boiled juice to make a gallon of syrup. (better than 40:1 for maple)
- Roughly, each 50 row feet may give approximate a quart of finished syrup. $1 \sim 1/3^{rd}$ oz of seed

Control weeds like you would for sweet corn. This year I tried mulching with grass clippings.



High sugar in the juice is when the seeds are just getting hard



2 weeks before pressing day—remove seed heads

Day before—strip off the leaves

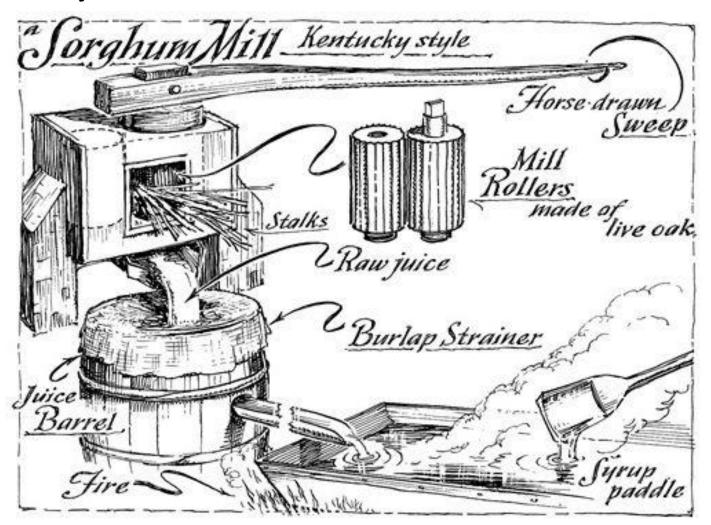
Morning of—cut & stack stalks





Roller pressing:

- Stalks are run between 2 or 3 metal rollers to squeeze the juice
- Strain the juice and let it settle



In the past 150 years or so, the press was driven by animals:



Then driven by flat belt from steam engines & tractors:



And then by the PTO shaft of farm tractors



For the home scale:

- Mop wringer
- Electric 'juicer'
- Manual cane squeezer
- Electric cane squeezer
- Grainmaker sorghum press











Filter after pressing to remove any 'solids'

I like to use 'honey strainers' that fit into 5 gal buckets

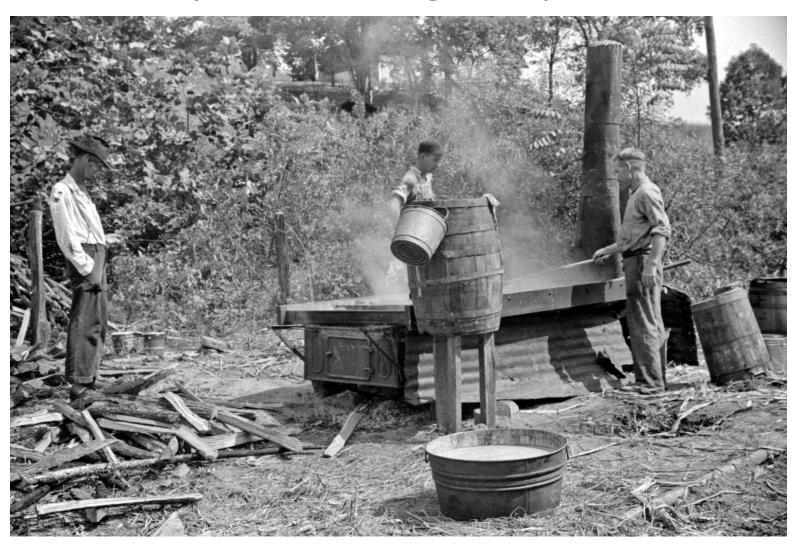


Let the juice 'settle' for a few hours

- I usually press on one day
- Store the buckets in a fridge overnight
- Boil on another day



Syrup Traditionally boiled in large flat pans



For large quantities, filtered juice slowly flows, cooking thru the winding channel until it is

finished.



For small quantities, I boil and skim in a stock pot on propane, and do the final finishing in a jam cooking pot on electric pot:



When to slow and stop boiling?

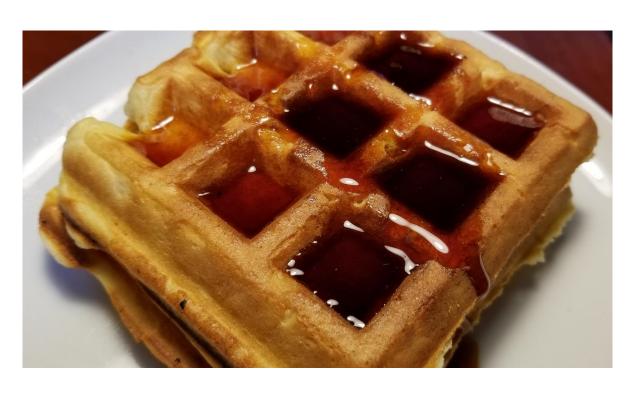
Same concept as making jam or maple syrup:

- Too soon, it will be runny and not store well
- Too thick, burnt!

- Use a brix gauge (TSC sells them for maple syrup) to 80 brix, or
- The "look" of the drips (old timers), or
- We tend to stop around 229 F



Syrup
We usually store the bottles in the fridge.





Things to Bring

- Several seed heads, jar of seeds
- Fully intact stalk (clean the dirt from roots)
- Pre-boiled sap
- Mill, drain fitting, drain tubing, small bucket
- Roller cart, 4 support & 2 spacer blocks, 2 ratchet straps
- Storage buckets, sap filters, lids
- Brix measurement and graduated cylinder
- Thermometer, finishing pot, ladle, funnel & crate of jugs
- Electric heater element and heavy extension cord
- Propane tank, burner, lighter, pot, skimmer, bucket with water, fire extinguisher
- Syrup bottles for drawing